PNKF laidō Shinsa Rank Requirements

Zen Nippon Kendo Renmei lai

11/14/23

Youth Mudansha Ranks (age 10 and below)

Perform with mogitō or bokutō (bokken) with saya; use of shinken not permitted

6 Kyu 8 years of age; 6 months practice

AJKF lai reihō and techniques #1 and #2

5 Kyu 9 years of age; 12 months practice (or 6 months in previous rank)

AJKF lai reihō and techniques #1 thru #3

4 Kyu 10 years of age; 12 months practice (or 6 months in previous rank)

AJKF lai reihō and techniques #1 thru #4

Mudansha Ranks (Adult age 18 and up; Youth age 11-17)

Perform with mogitō or bokutō (bokken) with saya; use of shinken not permitted

3 Kyu 11 years of age; 12 months practice (or 6 months in previous rank)

AJKF lai reihō and five (5) AJKF lai shitei waza selected from techniques #1 thru #8

2 Kyu 12 years of age; 12 months total practice (or 6 months in previous rank)

AJKF lai reihō and five (5) AJKF lai shitei waza selected from techniques #1 thru #10

1 Kyu 12 years of age; 6 months in previous rank

AJKF lai reihō and five (5) AJKF lai shitei waza selected from techniques #1 thru #12

Written test

Yudansha Ranks (Adult age 18 and up; Youth age 13-17)

Mogitō required; shinken may be used by 3 Dan and 4 Dan candidates

1 Dan 13 years of age; 3 months in previous rank

AJKF lai reihō and five (5) AJKF lai shitei waza within 6 minutes

Written test

2 Dan 14 years of age; 1 year as 1 Dan

AJKF lai reihō and five (5) AJKF lai shitei waza within 6 minutes

Written test

3 Dan 16 years of age; 2 years as 2 Dan

AJKF lai reihō and five (5) AJKF lai shitei waza within 6 minutes

Written test

4 Dan 19 years of age; 3 years as 3 Dan

AJKF lai reihō, one koryu technique and four (4) AJKF lai shitei waza within 6 minutes

Written test

Guidelines for PNKF laidō Shinsa Candidates

Eligibility

- Age is the minimum as of the date of the Promotional Examination. If the applicant's birthday is within one (1) month of the Promotional Examination, the applicant will be eligible.
- Number of months of practice or months in rank is the minimum number of months. The amount of time in the previous rank must be within 15 days of the required time.
- Adult first test can be either 3 kyu or 2 kyu; however, the highest rank adult first test is 2 kyu.
- Highest rank for first test as indicated above; no jumping ranks after the first test.
- A lower kyu rank can be awarded if the candidate does not meet passing criteria for their first rank test, except in the case of Junior 6 kyu or adult 3 kyu, which are minimum starting ranks.

Allowed Swords, Medical Supports and Other Protective Gear

- All swords used in PNKF laido shinsa shall meet safety criteria as defined by the exam officials.
- Medical supports and other protective gear may be worn at the candidate's discretion. Doctor's notes are
 not required; however, applicants may wish to include relevant medical information in their application so
 that the judges can be informed of any issues that might bear on a technical performance.

Required Techniques

- Kōryu selection, if required, is determined by examinee.
- Candidates may perform standing versions of required seated forms.

Technique Grading

Candidates must meet the following criteria to pass the technical portion.

Kyu – 3 Dan Consent of 3 of 5 examiners
 4 Dan Consent of 4 of 6 examiners

Written Exam

- Candidates must submit written answers together with test fees by the application and fee deadline.
- The written exam essay must be written with your own words and submitted in English.
- Computer processed or typed submissions are preferred. Handwritten submissions must be clearly legible; answers that are too difficult to read may be rejected or failed.
- Candidates are referred to the AUSKF laido Study Guide (https://www.auskf.org/department/iaido/iaido-study-guide). If additional sources are used, in-text or footnote citations must be included.

Written Exam Grading

- The written examination will be graded pass or fail
- If their written exam fails, the candidate will be informed no later than the time of shinsa results posting (if passing the technical but not the written portion of the exam, their posted shinsa number will be circled); the candidate will be allowed ten (10) days to submit answers for re-grading.

Final Grade / Rank Promotion

• Rank promotion is not official until both the technical and written portions of the exam are passed.

PNKF laidō Shinsa Written Test Questions (2024)

Answer two questions from the group of questions for the rank for which you are testing.

First Kyu Candidates

- 1. List the names of all 12 techniques of All Japan Kendo Federation laido with English translations.
- 2. What is reiho?
- 3. Why are you studying laido? What do you hope to accomplish?

Shodan Candidates

- 1. *Tsuki* (thrusts) occur in five All Japan Kendo Federation lai techniques. Name these techniques, and identify the target areas.
- 2. Draw a simple diagram of a katana, label as many parts as you can.
- 3. What is kirioroshi? Describe its use in one All Japan Kendo Federation laido technique.

Nidan Candidates

- 1. Discuss zanshin. Describe its use in one All Japan Kendo Federation laido techniques.
- 2. Define hasuji and explain its importance in laido.
- 3. What is meant by the term *lai-goshi*? Describe its use in one All Japan Kendo Federation laido technique.

Sandan Candidates

- 1. What is metsuke? Describe its use in one All Japan Kendo Federation laido technique.
- 2. Describe how to clean a sword (shinken and/or iaito).
- 3. Discuss jo-ha-kyu.

Yondan Candidates

- 1. Describe kokyu (breath control) in laido.
- 2. What is meant by *jo-ha-kyu*? Describe its use in at least one All Japan Kendo Federation laido technique.
- 3. Describe the *hara* and explain its use in laido.

General Advice for the PNKF Iaido Shinsa Written Exam

The written exam is your opportunity to show an understanding of Iaido beyond just technical requirements. Essays are expected; please do not submit stand-alone definitions. The AUSKF Iaido Study Guide is a good starting place, but rephrase the information into your own words so the graders know that you correctly understand. We appreciate evidence of personal research and indication of increasing breadth and depth of understanding, but don't go overboard! Graders read many essays and it takes a lot time: please observe the essay lengths recommended below. If you use additional resources beyond the AUSKF website, be sure to include citations so we understand which ideas are yours. Have fun with your research!

Recommended Essay Lengths

Please use a minimum of 1.15 line-spacing and 11-point text, or the handwritten equivalent (use the text on this page as an example of minimum font size and line spacing).

- **1 Kyu** About 5-6 sentences, but no more than one-third page for each answer
- **1 Dan** About 6-8 sentences, but no more than one-half page for each answer
- 2 Dan About 8-10 sentences, but no more than one-half page for each answer
- **3 Dan** About 10-12 sentences, but no more than two-thirds page for each answer
- **4 Dan** About 12-15 sentences, but no more than two-thirds page for each answer