

**Effective starting 2019**  
**PNKF Iaido Shinsa Written Test Questions**

Answer two questions from the group of questions for the rank for which you are testing.

**First Kyu Candidates:**

1. List the names of the twelve All Japan Kendo Federation Iaido kata. Include a short English translation for each.
2. Describe the proper way of gripping the katana when cutting.
3. Why are you studying Iaido? What do you hope to accomplish?

**Shodan Candidates:**

1. *Tsuki* (thrusts) occur in five of the ZNKR Iai kata. Name these katas, and identify the target areas.
2. Draw a simple diagram of a katana, label as many parts as you can.
3. What is *kirioroshi*? Describe its use in one All Japan Kendo Federation Iaido kata.

**Nidan Candidates:**

1. Discuss *zanshin*. Describe its use in one All Japan Kendo Federation Iaido kata.
2. The blade of the katana is divided into 3 parts; describe the use of each part.
3. What is meant by the term *Iai-goshi*? Describe its use in one All Japan Kendo Federation Iaido kata.

**Sandan Candidates:**

1. What is *metsuke*? Describe its use in one All Japan Kendo Federation Iaido kata.
2. Describe how to clean a sword (*shinken* and/or *iaito*).
3. Discuss *jo-ha-kyu*.

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**PNKF Iaido Shinsa Written Exam Form**

Name: \_\_\_\_\_ Requested Rank: \_\_\_\_\_ Test Date: \_\_\_\_\_  
AUSKF ID #: \_\_\_\_\_ Shinsa ID #: \_\_\_\_\_ (Official use only)

Please write out each of the questions you are answering in English.

**Question 1:**

Answer:

**Question 2:**

Answer:

(Please use the back side if you need additional space)

