

## **2014 AUSKF Kendo Summer Camp Information**

Date: July 11th (Friday), 12th (Saturday), & July 13th (Sunday), 2014

**Location:** Pacific Lutheran University (PLU), 12180 Park Ave. S., Tacoma, WA 98444

**Instructors:** Hidetoshi Miyagawa Sensei, (Hanshi 8 Dan from Fukuoka)

Tatsuaki Haitani Sensei (Kyoshi 8 Dan from Nagasaki)

Date	Time	Activity
Friday, July 11th	2:30 PM-3:00 PM	Registration
	3:00 PM – 5:00 PM	3 Dan & Below: Bokuto ni yoru Kendo Kihon-waza Keiko-ho
		4 Dan & Above: Check points for examiners to examine & for
		examinees to perform in the promotion test for 5 dan and
		above
	6:00 PM - 6:45 PM	Godo-keiko
Saturday, July 12th	8:00 AM-9:00 AM	Registration
	9:00 AM - 12:00 PM	• Seminar: Kendo Kihon (Kirikaeshi, Uchikomi, Kakarigeiko)
	12:00 Noon - 1:00 PM	• Lunch
	1:00 PM - 2:40 PM	Seminar: Nihon Kendo Kata
	2:50 PM – 4:20 PM	Shikake-waza (Seme), Uchikomi-keiko, Kakari-keiko, Jigeiko
		(points to focus)
	4:30 PM – 5:15 PM	Godo-keiko
	6:00 PM-8:00 PM	Camp Dinner Party
Sunday, July 13th	8:30 AM-12:00 PM	Seminar: Ouji-waza (Degashira, Suriage, Kaeshi, Nuki-waza)
	12:00 PM – 1:00 PM	• Lunch
	1:00 PM-4:00 PM	AUSKF Promotion Exams

**Seminar Fee:** \$ 70.00

**PLU Campus Accommodations and Cafeteria:** On-campus accommodations are available for \$66.50/day that includes a \$20.00 meal card for breakfast and lunch at the cafeteria the following day. (These rooms are also available to arrive early and/or extend their stay at the same rate, upon request.)

Optional Saturday Dinner Party: \$32.00 fee at the University Center; there will be a no-host bar.

**Other Accommodations Information:** Hotels: The following hotels and motels are available in the general PLU vicinity. You will need to arrange your own transportation if staying at off-campus accommodations.

Comfort Inn TacomaHoliday Inn Express Hotel &8620 S Hosmer StSuites TacomaTacoma, WA 984448601 S Hosmer St253-538-7998Tacoma, WA3.5 mi / 10 min253-539-2020

 Suites Tacoma
 8203 S Hosmer St

 8601 S Hosmer St
 Tacoma, WA

 Tacoma, WA
 253-539-2288

 253-539-2020
 2 mi / 5 min

 3.5 mi / 10 min

Hampton Inn & Suites

## Finding your way to & around PLU...

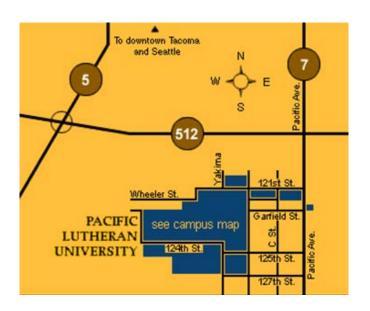
PLU is 31 miles south of Seattle-Tacoma International Airport. Estimated travel time is 31 minutes in good traffic.

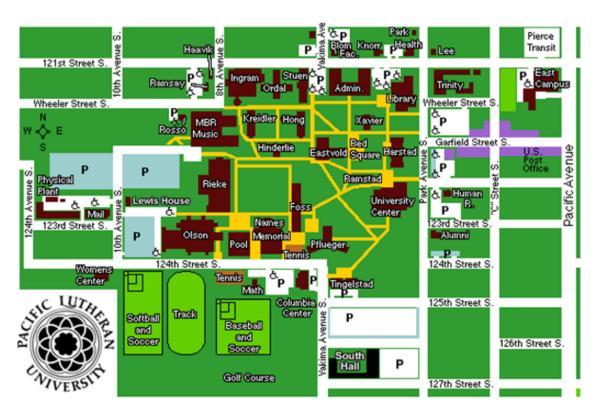
## **CAMPUS MAP:**

www.plu.edu/about/maps

## Google driving directions to PLU:

http://www.mapquest.com/maps?2a=Garfield +St+S+%26+Park+Ave++S&2c=Tacoma&2s=W A&2z=98444&2y=US&form=directions





For more on-line information about PLU: http://www.plu.edu/

For **visitor's on-line information** about Tacoma and surrounding area: <a href="http://www.traveltacoma.com/">http://www.traveltacoma.com/</a> **Restaurants** within 3 blocks of the PLU Campus:

Marzano's Italian Restaurant	512 Garfield	(253) 537-4191
Northern Pacific Coffee Co.	401 Garfield	(253) 537-8333
Reyna's Mexican Restaurant	411 Garfield	(253) 538-2368
Pita Pit	212 Garfield	(253) 539-2797