

Volume 19, number 9/10 September/October 2005

PNKF DATEBOOK

- 1. Oct 22, Tacoma Junior Taikai, Sat, 10am-4pm, Crescent Heights Elementary, 4110 Nassau Avenue NE, Tacoma.
- 2. Nov 12, PNKF Taikai, Sat, 9:30am, Renton.

- 3. Nov 19, PNKF Board, Sat, 2-4pm, Kent.
 4. Dec 10, Renton/Kent Taikai, Sat, report time 9am, start 9:30am, Kent.
 5. Jan 21, PNKF Kata Seminar for instructor group, 9am-2pm, Highline White Center Park.

Vudanaha 1-2

- 6. Feb 4, PNKF Kata Seminar for all members, Sat, 9am-2pm, Highline White Center Park.
- 7. Feb 25, PNKF Shinsa, Sat, 9am-3:30pm, Bellevue Highland Park. 8. Mar 18, Sat, Highline Taikai.

OTHER DATES

- 1. Nov 12/13, AUSKF Board meeting, Santa Clara, California.
- 2. Nov 13, AUSKF Kodansha Shinsa, Sun, 1:30pm, San Jose Buddhist Church, 640 N. 5th Street.
- 3. Jan 14, Vancouver Taikai, Sat.
- 4. Feb 11, Steveston Taikai, Sat.
- 5. Dec 8-10, 2006, 13WKC, Taipei, Taiwan.

2005/2006 PNKF BOARD OF DIRECTORS

From: Elizabeth Marsten, Vice President. The deadline has passed for submittal of candidates for the PNKF Board of Directors. The number of candidates did not exceed the number of seats available so no election will be held. The following members will serve as the 2005/2006 PNKF Board of Directors to be seated at the November 19, 2005 meeting: Thomas Antush, Brian Blomquist, Tom Bolling, Brian Edwards, Daniel Ichinage, Shinichi Koike, Curtis Marsten, Elizabeth Marsten, Nate Jacobson, Neil Sunderland, Chris Weaver, Moki Yoshikawa, David Yotsuuye.

HAWAI'I KENDO FEDERATION 50th ANNIVERSARY TOURNAMENT - August 20, 2005, Honolulu

Soinonbu Soniora

Yonenbu		Shonenbu	Seinenbu	
	1st place - Chase Takenaka	1st place - James Okada	1st place - Shem Kim	
	2nd place - Joshua Desa	2nd place - Braxton Fukutomi	2nd place - Cael Goodin	
	3rd Place - Charles Aina III	3rd place - Erica Hill	3rd place - Rusty Klutke	
	3rd Place - Robert Perce	3rd place - Kyle Kim	3rd place - Max Klutke	

Seinenbu Women

Settletibu Wollieti Settletibu Se	
1st place - Candace LeBeau 1st place - Michael Ratcliff 1st place -	Elton Ushio
2nd place - Nicole Yoshida 2nd place - Tony Sarabia 2nd place -	Garrett Matsumoto
3rd place - Meagan Watanabe 3rd place - John Kaya 3rd place -	Akihiro Okada
3rd place - Laurel Planas 3rd place - Ron Miller 3rd place -	Gale Abregana

Viidanaha Onen

Yudansha Open	Yudansha Masters	Yudansha Women
1st place - Wesley Fujimoto	1st place - David Kikau	1st place - Roxine Kubo
2nd place - Jon Shishido	2nd place - Iwao Sato	2nd place - Jeri Chun
3rd Place - Seth Harris	3rd place - Steve Colter	3rd place - Karen Park
3rd Place - Tusha Buntin		3rd place - Lori Chun

Grand Champion - Wesley Fujimoto

SOUTH-WESTERN ONTARIO REGIONAL DOJO (S.W.O.R.D.) TOURNAMENT - September 24, 2005, Welland, Ontario Non-Bogu Division (Basic Skills) Junior Division

1st place - Owen Yamada, Mississauga	1st place - Sujan Park, Forest City
2nd place - Logan McKnight, Burlington	2nd place - Russell Donohue, St. Catharines
3rd Place - Kai Linger, St. Catharines	3rd place - Bobby Muir, Burlington
3rd Place - Fred Murray, St. Catharines	3rd place - Kazutaka Mayuzumi, Mississauga

Kvu Division

-7	
1st place - Jay Kim, Mississauga	1st place - Kyle Lee, Univ of Waterloo
2nd place - Norman Cabrera, Mississauga	2nd place - Jin Park, Forest City
3rd place - Norrick Chen, Univ of Western Ontario	3rd place - Tim Rasmussen, Univ of Waterloo
3rd place - Faisal Hag Shaheen, Mississauga	3rd place - Ryo Yasumura, Univ of Waterloo

3rd Dan and Up Division

Ist	place	-	Sam Capiello, Buffalo
2nd	place	_	Mark Kawabe, Hayakawa
3rd	place	_	Roger Schneider, Buffale
3rd	place	_	Hiroaki Kimura, Buffalo

Women's Division

1st and 2nd Dan Division

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1st place - Sujan Park, Forest City
2nd place - Yuko Takagi, Buffalo
3rd place - Niamh Coughlan, Univ of Western Ontario 3rd place - Lana Sheridan, Univ of Waterloo
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Master's Division

1st place - Alex Hourahaine, Cambridge 2nd place - Hiroaki Kimura, Buffalo

3rd place - Roger Schneider, Buffalo 3rd place - Jackie Evans, Buffalo

Team Division:

1st place - University of Waterloo, B Team (Sean Oh, Heron Lau, Man-Kwan Ma, Kyle Lee, Lana Sheridan) 2nd place - University of Western Ontario, A Team

(Vincent Lai, Dan McKague, Norrick Chen, Jeffy Yu, Tim Gregersen)

3rd place - Mississauga Kendo Club, A Team

(Faisal Haq Shaheen, Norman Cabrera, David Hayashida, Jay Kim, Glenn Yamada)

3rd place - University of Waterloo, A Team

(Jahan Kargar, Pei Hang, Tim Rasmusson, Harry Kim, Ryo Yasumura)

SCKF FALL TEAM TOURNAMENT AND SCKF TEAM CHAMPIONSHIPS - September 25, 2005, Torrance FALL TEAM TOURNAMENT

routh Team	women's Team	Adult Kyu
1st place - Torrance 2	1st place - Norwalk	1st place - Covina
2nd place - Covina 1	2nd place - Sho Tokyo 1	2nd place - OCB 1
3rd place - Cypress	3rd place - Torrance	3rd place - Venice
3rd place - Venice	3rd place - Covina	3rd place - Chuo

SOUTHERN CALIFORNIA TEAM CHAMPIONSHIPS

(Members: Best 5 + 2 Alternates)

1st place - Torrance 2nd place - Covina 3rd place - OCB 3rd place - Norwalk

AUSKF 2005 NATIONAL IAIDO TAIKAI - October 1, 2005, Torrance

Mudansha	Yamaguchi Hai 1-2 Dan		
1st place - Aram Kailian, Shidogakuin	1st place - Sachiko Prough, JSS		
2nd place - Gordon Hall, KenZen	2nd place - Paul Shin, Shidogakuin		
3rd Place - Walter Gallo, KenZen	3rd place - Koji Kurohara, Shidogakuin		
3rd Place - Masako Uragami, Shidogakuin	3rd place - Darrick Lew, Bellevue		

Nakanishi Hai 3-5 Dan

1st place - Debi Farmer, Shidogakuin 2nd place - Susan Sekreta, KenZen 3rd place - Jason Hankins, ZenBuKan 3rd place - David Bressler, KenZen

SHINKYU SHINSA

IAIDO SHINSA, October 2, 2005, Torrance

4TH KYU: Cher Couch (Shidogakkuin). 3RD KYU: Rene Fox (Shidogakuin), Jonathan Kim (Norwalk), Adam King (Venice), Sylvain Leroy (KenZen), Mark Magpayo (JSS), Robert Souder (Gulf Coast), Cheuk Ying Tang (JSS), Lauren Valdata (Annapolis), Patricia Villanueva (SJSM), Jocelyn Wright (Shidogakuin). 2ND KYU: David Cunningham (Memphis), Christopher Howell (Omaha), Jeffrey Meyers (ZenBuKan), Elizabeth Pesek (Omaha), Tobias Walther (San Francisco), Jared Williams (ZenBuKan), Jeremy Yamashiro (ZenBuKan). 1ST KYU: Walter Gallo (KenZen), Gordon Hall (KenZen), Aram Kailian (Shidogakuin), Katalin Nieves (SJSM), Fred Sumida (Venice), Masako Uragami (Shidogakuin). 1ST DAN: Don Crittenden (Memphis), Robert Eitel (Annapolis), Rod Faghani (Shidogakuin), Jeffrey Keffer (Memphis), Paul Tigh (Dallas). 2ND DAN: Steve Sasaki (Omaha), John Suzuki (Musokai). 3RD DAN: Dick Beckstead (ZenBuKan), André Dulce (Musokai), Jaime Flores (Capital District), Thomas Helm (San Francisco), Darrick Lew (Bellevue), John Prough (JSS), Sachiko Prough (JSS), Alan Sakamoto (Musokai). **4TH DAN:** Isabella Church (Shidogakuin), Dan Gandee (Shidogakuin), Ken Ogawa (San Francisco), Samuel Okuno (Norwalk), Dennis Ralutin (OCB), Cynthia Tanabe (Salinas), Bijan Sadrian (KenZen). 5TH DAN: Susan Sekreta (KenZen), Aniceto Seto (Musokai).

THE LAST WORD

Saya no uchi. In Iai there is a phrase, saya no uchi no kachi ("winning within the saya"). The essence of Budo (Martial Way) is to win against an enemy without drawing your sword. The martial power to pressure the enemy without drawing the sword results from long years of training in waza (forms), as well as working on spiritual discipline without neglect. One appearing before a person prepared in this manner cannot help but cower down. This type of victory is called saya no uchi no kachi. There is also the meaning that you ready your sword and achieve victory over the enemy while the sword is still in its saya.

Kigurai. Meaning, "feeling," this refers to one's intention to carry oneself in a manner that preserves one's dignity. A performance with high *kigurai* or "feeling" should translate into practice with dignity and grace and, of course, involves the way in which one holds one's intention or "heart." It should also translate into practical elements such as correct form, good ma-ai (distancing) and polished conduct. -- Shigeyoshi Yamatsuta, Iaido Hongi Muso Shindenryu.

Kenyu - Monthly Newsletter of the Pacific Northwest Kendo Federation Kenyu Online - http://www.kendo-pnkf.org/news/kenyu.phtml Tom Bolling, Editor - 7318 23rd Avenue N.E., Seattle, WA 98115