

July/August 2005

PNKF DATEBOOK

- 1. Sep 17, PNKF Board, Sat, 1:30-3:30pm, Kent.
- Oct 1, PNKF Shinpan Seminar, 12noon-5pm, Kent.
 Oct 22, Tacoma Junior Taikai, Sat, 10am-4pm, Crescent Heights Elementary, 4110 Nassau Avenue NE, Tacoma.
- 4. Nov 12, PNKF Taikai, Sat, 9:30am, Renton.
- 5. Nov 19, PNKF Board, Sat, 2-4pm, Kent.6. Dec 10, Renton Taikai, Sat, report time 9am, start 9:30am, Renton.
- 7. Jan 21, PNKF Kata Seminar for instructor group, 9am-2pm, Highline White Center Park. 8. Feb 4, PNKF Kata Seminar for all members, Sat, 9am-2pm, Highline White Center Park.
- 9. Feb 25, PNKF Shinsa, Sat, 9am-3:30pm, Bellevue Highland Park.
- 10. Mar 18, Sat, Highline Taikai.

OTHER DATES

- 1. Sep 29/Oct 2, AUSKF Iaido Seminar, Tournament and Shinsa, Thu/Fri/Sat/Sun, Charles H. Wilson Park Gym, 2200 Crenshaw Blvd, Torrance, California. For information, contact Dennis Ralutin, (213) 793-6722, dmralutin@yahoo.com.
- 2. Jan 14, Vancouver Taikai, Sat.
- 3. Feb 11, Steveston Taikai, Sat.

PNKF JUNIOR GASSHUKU, JULY 25-JULY 30, 2005 A HUGE SUCCESS

The week-long Summer Gasshuku in June was very successful, attended by 62 students, 18 of whom had a perfect attendance at all five sessions. Average daily attendance was 35. The curriculum covered kamae, ashisabaki, maai, rensoku uchi, kata, keiko, and shiai. Participants attended the regular evening practices of four area Dojo, with a concluding full day session with pizza lunch at Kent on Saturday, followed by a marvelous barbeque at the Curtis and Vicki Marsten home. The primary instructors for the Gasshuku were Jeff Marsten, Curtis Marsten, and David Yotsuuye, supported by other additional instructors. The students enjoyed the Gasshuku so much that at the end they requested that we do this more often than once a year.

AUSKF KENDO CHAMPIONSHIPS - July 2/3, 2005, University of Michigan, Ann Arbor Women's Group

Men's Group

1st place - C. Yang, SCKF

2nd place - M. Kawabata, GNEUSKF

3rd place - Y. Onitsuka, NCKF

3rd place - K. Hatakeyama, GNEUSKF

Fighting Spirit - H. Okawa, SCKO

Fighting Spirit - K. Hashimoto, SCKF

Senior Youth Group

1st place - H. Kinjo, SCKF

2nd place - H. Park, SCKF

3rd place - R. Takayanagi, SCKO

3rd place - B. Imanishi, PNKF

Fighting Spirit - G. Park, SEUSKF Fighting Spirit - T. Shima, NCKF

Senior Group

1st place - J. Park, SCKF

2nd place - G. Imanishi, PNKF 3rd place - F. Takada, SCKO 3rd place - T. Kato, SCKF

Fighting Spirit - J. Kodama, SCKF

Fighting Spirit - M. Komuro, NCKF

Men's Team Women's Team

1st place - SCKF 1st place - SCKF

2nd place - NCKF 2nd place - SCKO

3rd place - NCKF 3rd place - PNKF

FS - M. Hagiwara, SCKF FS - A. Aono, NCKF FS - C. Yang, SCKF FS - S. Hsueh, SCKO

3rd place - SEUSKF 3rd place - GNEUSKF

15th CANADIAN NATIONAL KENDO CHAMPIONSHIPS - July 2/3, 2005, Montreal, Quebec

Junior

Non-Degree

1st place - F. Itokazu, SCKF 2nd place - T. Barani, HUN 3rd place - Y. Hotta, MKF 3rd place - R. Akahoshi, PNKF

Fighting Spirit - S. Ferry, NCKF

1st place - M. Sakae, SCKF 2nd place - G. Lee, SCKF 3rd place - L. Tanaka, NCKF

Fighting Spirit - R. Barr, PNKF

Fighting Spirit - S. Tamura, SCKF

3rd place - S. Tew, SCKF

1st place - A. Kinjo, SCKF

3rd place - F. Michioka, NCKF

Fighting Spirit - A. Choi, SCKO Fighting Spirit - S. Owaki, SCKF

2nd place - Y. Hori, SCKF 3rd place - S Konopka, NCKF

Junior Youth Group

Goodwill Group

Fighting Spirit - K. Chinen, SCKF

Senior Youth Team Junior Youth Team

1st place - SCKF

1st place - SCKF 2nd place - SCKO 2nd place - NCKF

3rd place - SEUSKF 3rd place - PNKF

3rd place - NCKF 3rd place - SCKO

FS - H. Kinjo, SCKF FS - A. Kinjo, SCKF

FS - R. Takayanagi, SCKO FS - K. Umeda, NCKF

1st place - J. Park, Forest City 2nd place - C. Lam, McGill 3rd place - K. Kibe, Etobicoke

3rd place - A. Ross, JCCC

Women 1st place - M. Taguchi, Sunrise

2nd place - N. Fukushima, Vancouver 3rd place - A. Fukushima, Vancouver 3rd place - S. Kamata, Etobicoke

Team

1st place - Etobicoke 2nd place - Youshinkan 3rd place - Manitoba

Men

1st place - M. Raymond, U.Toronto

3rd place - P. Rankin, U.Toronto

2nd place - D. Ara, Renbu

1st place - A. Yam, JCCC

2nd place - JY Kim, Jung Ko

3rd place - H. Chavez, McGill

3rd place - S. Asaoka, Youshinkan 3rd place - S. Kamata, Etobicoke

Fighting Spirits

M. Doré, Québec

A. D'Orangeville, McGill

4TH ANNUAL ANNE ARUNDEL COMMUNITY COLLEGE KENDO TOURNAMENT - July 30, 2005

Mudansha Division

3rd place - McGill

1st place - Yen, George Washington University 2nd place - Brian Sherry, Northern Virginia

3rd place - Mike Lent, Annapolis

Women's Division

1st place - Megan Kirk, Washington DC 2nd place - Kristina Pham, Northern Virginia

3rd place - Katherine Russell, Annapolis

ShoDan/NiDan Division

1st place - Myke Cole, US Hwa Rang Kwan 2nd place - John Flanigan, III, Washington DC

3rd place - Bob Eitel, Annapolis

Kanto Sho - Fighting Spirit

Megan Kirk, Washington DC

SHINKYU SHINSA

IAIDO SHINSA, August 13, 2004, Kent

3RD KYU: Nathan Carmichael (OSU), Will Coulter (Obukan), Portia Considine (Obukan), Amanda Hardeman (Musokai), Ben Kim (Musokai), Jesse Tobin (Musokai).

2ND KYU: Harmon Blanch (Musokai), Chris Flechtner (Musokai), Joe Jordan (Musokai), Christopher Merritt (Obukan), Lindy Snyder (Musokai).

1ST KYU: Chris Takahashi (Musokai).

KENDO SHINSA, August 13, 2004, Kent

6TH KYU: Erica DeJong (Highline).

5TH KYU: BJ Alexander (Seattle), Liliana Considine (Obukan), Sean Cresse (RentonKent), Rose Hong (Obukan), Andy Kiyokawa (Obukan), Brennan Leischner (Pocatello), Jan VanYsslestyne (Seattle).

4TH KYU: Gordon Burgess (Bellevue), Beatrix Considine (Obukan), Portia Considine (Obukan), Muk De Guzman (Highline), Derek Hui (Bellevue), Shiloh Jolly (RentonKent), Sammi Kubo (SnoKing), Adrian Ma (RentonKent), Conor Marsten (RentonKent), Challen Mills (RentonKent), David Robertson (Obukan), Joan Smith (Obukan), Jai Young Sun (Meadowbrook), Erika Tam (UW).

Mathieu Begni (RentonKent), Jared Burns (Obukan), Todd Carlstrom (OSU), Rick Carroll (Meadowbrook), Ian Cresse (RentonKent), Stephen Day (RentonKent), Noelle Grimes (SnoKing), Randy Groves (Bellevue), James Hunter (Obukan), Perry Hunter (Obukan), Takayuki Iguchi (Obukan), Ruth Kim (Bellevue), Shilo Kistler (Meadowbrook), Keenan Komoto (RentonKent), Andrew Ma (RentonKent), Rudiger Noppens (Obukan), Greg Phancanek (Seattle), Chris Rafeal (Meadowbrook), Bor-Duan Shieh (Seattle), Marissa Smit (SnoKing), Jai Sang Sun (Meadowbrook), David Vogel (Everett).

2ND KYU: Khoi Duong (RentonKent), Ken Eguro (UW), Hide Iba (Bellevue), Niall James (Bellevue), Tammy Keen (Everett), Keith Ma (Bellevue), Kenji McCullough (UW), Kyle McDaniel (Seattle), Christopher Merritt (Obukan), Peter Nozawa (Bellevue), Steven Roosevelt (Idaho), Haruka Takano (Seattle).

1ST KYU: Lance Clifford (BigSky), Steve Guidi (Seattle), Kyoka Hinami (Bellevue), Nate Jacobson (UW), Tony Leischner (Pocatello), Albert Lin (Spokane), Scot Maxon (Meadowbrook), Jayson Nunokawa (Bellevue), Hoang Pham (Idaho), Jed Sarmiento (Highline), Sergey Shilov (Bellevue), Mick Sinclair (Spokane), Jahan Vafaeezadeh (Bellevue).

1ST DAN: Mitchell McEwen (Everett), Brendan Vanous (Bellevue).

2ND DAN: Huicheng Chang (Obukan), Lupe Fuentes (Idaho), Keiko Sasaki (Bellevue), Chris Tilt (Obukan), Leonid Tsybert (Bellevue), Manami Wakuta (Meadowbrook).

THE LAST WORD

Musashi and Takuan both believed that the great mistake was being slowed or rendered immobile by what one sees, hears, feels or thinks. For them, even an instant's preoccupation could be fatal. Both body and mind must be free to flow and to respond to whatever the situation demands. Again, in the Water chapter Musashi wrote specifically of the hands: "In all things...immobility is undesirable. Immobility means a dead hand; mobility means a living hand." The same might have been said of the body and mind. In "The Lesson of Stance/No-Stance," Musashi discussed how, with just a slight movement, one stance becomes another, and this invokes a constantly fluid situation: "This is the principle in which there is, and there is not, a stance. At its heart, this is first taking up the sword and then cutting down your opponent, no matter what is done or how it happens." Fluidity means having no obstruction, and particularly no obstruction from one's own mind. We must be careful not to create our own fetters or our own inflexibility.

--William Scott Wilson, The Lone Samurai: The Life of Miyamoto Musashi.