

剣 Kenyu 友

Volume 19, number 4
April 2005

PNKF DATEBOOK

1. May 7, Bellevue Junior Taikai, Sat, 10am.
2. May 14, 30th UW Taikai, Sat, 10am, Hec Ed Pavilion Addition.
3. May 21, PNKF Board, Sat, 9-11am, Highline.
4. May 21, PNKF Shinpan Seminar, Sat, 12noon-3:50pm, open keiko 4pm till 4:45pm, Kent.
5. Jun 4/5, PNKF Iaido Seminar, Sat/Sun, Cougar Mountain.
6. Jun 11, PNKF Board, Sat, 2:30-4:30pm, Kent.
7. Jul 25 through 30, PNKF Junior Seminar.
8. Aug 13, PNKF Iaido and Kendo Shinsa, Sat, 9am-4pm, Kent.
9. Oct 1, PNKF Board, Sat, 9-11am, Kent.
10. Oct 1, PNKF Shinpan Seminar, 12noon-5pm, Kent.
11. Nov 12, PNKF Taikai, Sat, 9:30am, Renton.
12. Nov 19, PNKF Board, Sat, 2-4pm, Kent.
13. Dec 10, Renton Taikai, Sat, report time 9am, start 9:30am, Renton.

OTHER DATES

1. May 14/16, ZNKR Iaido Seminar, Sat/Mon, taught by Iaido Hanshi 8th Dan Yamazaki Sensei, member of the ZNKR Iaido Committee, Shin Ken Kai Dojo, Vancouver BC.
2. May 20, California North/South Tournament, Sat, Leigh High School, San Jose.
3. May 20 thru 24, Spring Jodo/Iaido Seminar, Guelph.
4. May 26 thru 29, Niten Ichiryu Seminar, Guelph.
5. Jun 19, Leeward Oahu Tournament, Sun, Mililani.
6. Jun 27 thru July 2, Swordsmithing, demo/lecture by Japanese smith Fusataro, Guelph.
7. Jul 2/3, All US Championships, Sat/Sun, University of Michigan, Ann Arbor.
8. Jul 4 thru 8, Swordsmithing, hands on taught by Muh Tsyrr Yee, Guelph.
9. Jul 11 thru 15, Swordsmithing, hands on taught by Muh Tsyrr Yee, Guelph.
10. Jul 22/24, AUSKF Summer Kendo Camp will be held at Carlisle University in Covington, Kentucky. Kendo promotional examinations will be held at the conclusion of the camp.
11. Jul 27/Aug 3, ZNKR Foreign Kendo Leaders' Camp, Kitamoto, Saitama, Japan.
12. Aug 5/6/7, NCKF Seminar.
13. Aug 27/28, 50th Anniversary of the Hawai'ian Kendo Federation, Celebration and Taikai.
14. Sep 29/Oct 2, AUSKF Iaido Seminar, Tournament and Shinsa, Thu/Fri/Sat/Sun, Charles H. Wilson Park Gym, 2200 Crenshaw Blvd, Torrance, California. For information, contact Dennis Ralutin, (213) 793-6722, dmralutin@yahoo.com.

PNKF SHINPAN SEMINAR, May 21, 2005

On May 21, 2005, PNKF will hold a Shinpan Seminar and open practice. We will only do practice matches, no video. All Yudansha are invited to practice their shinpan skills. PNKF Sensei will serve as instructors. Please pass this information on to your members, both those that would like to practice their shinpan skills and those that would like to have practice matches. We really need members of all ages and levels including children and youth to do practice matches, so please encourage them to attend. The Seminar will be from 12 noon to 3:50pm, shinpan seminar; 4pm to 4:45pm, open practice. Location is Kent Commons Recreation Center, 525 4th Avenue N. (corner of 4th & James Street), Kent.

PNKF IAIDO SEMINAR, June 4/5, 2005

The Pacific Northwest Kendo Federation will be hosting an Iaido Seminar June 4th and 5th, featuring Noguchi Hideo, Iaido Kyoshi 8th Dan, Aoki Shigehiro, Iaido Kyoshi 7th Dan, and Suzuki Kaoru, Iaido 6th Dan. Location is Cougar Mountain Zoo, 19525 S.E. 54th, Issaquah.

May 5, Sat, Seminar 9:30am-4:30pm.

May 6, Sun, Seminar 9:30am-2:30pm; Barbecue 2:30-4pm.

A flat fee of \$50.00 will be charged for all participants attending the Seminar. Lunch on Saturday is available for an additional fee of \$7.00. The barbecue is free of charge, but we would appreciate it if you could indicate the number of people attending on the application form. Forms and complete details are available at the PNKF website: <http://www.kendo-pnkf.org/> or you may contact Brian Blomquist. Phone: (206) 300-6416 Email: brian.blomquist@verizon.net

35th ANNIVERSARY SALINAS KENDO TAIKAI - April 16, 2005

10 Years and Under

- 1st place - D. Williams, CCKF
2nd place - Y. Kim, Oakland
3rd place - J. Nakazawa, CCKF
3rd place - M. Ota, San Mateo

14-17 Years

11-13 Years

- 1st place - T. Ota, San Mateo
2nd place - Adam Eitoku, Salinas
3rd place - D. Yamamoto, Sacramento
3rd place - M. Kim, San Jose

Women

1st place - K. Umeda, San Jose
2nd place - K. Kuramura, Salinas
3rd place - J. Kim, San Jose
3rd place - F. Michioka, Salinas

1st place - L. Tanaka, San Jose
2nd place - A. Aono, Oakland
3rd place - A. Chi, Oakland
3rd place - M. Cabral, Sacramento

Adult Kyu

1st place - J. Kii, Salinas
2nd place - A. Lee, San Mateo
3rd place - C. Park, San Jose
3rd place - M. Hamel, CCKF

1-3 Dan

1st place - A. Okuma, San Jose
2nd place - K. Michioka, Salinas
3rd place - K. Cabral, Sacramento
3rd place - K. Mori, Salinas

4th Dan and Up

1st place - Y. Onitsuka, Salinas
2nd place - S. Hamamatsu, Palo Alto
3rd place - G. Mikuni, San Jose
3rd place - Y. Chung, Palo Alto

Youth Team

1st place - San Jose (D. Kim, S. Tanaka, J. Kim,
B. Joo, K. Umeda)

Adult Team

1st place - San Jose (T. Shima, J. Hatakeyama, L. Tanaka, G. Mikuni, A. Okuma)

17th ANNUAL CLEVELAND KENDO TOURNAMENT - April 16, 2005

Junior A

1st place - Tetsuo Akamatsu, Detroit
2nd place - Hayato DeSouza, Georgia KA
3rd place - Masami Matsuyama, Cleveland SU
3rd place - Yumi Matsuyama, Cleveland SU

Junior B

1st place - Eamon Curtis, Tennessee MG
2nd place - Yasutaka Tsuji, Shidogakuin CT
3rd place - Alex Borschel, Northern Virginia
3rd place - Man San Ma, Etobicoke

Junior C

1st place - Daigoro Hirahata, Shodokan NY
2nd place - Elliott Altilla, JCCC
3rd place - Yuki DeSouza, Georgia KA
3rd place - Yoshimi DeSouza, Georgia KA

Mudansha

1st place - Ray Blakney, Cleveland SU
2nd place - Tae Up Kong, Chicago
3rd place - Hyuk Kyu Seoh, Georgia KA
3rd place - Keita Kibe, Etobicoke

Shodan

1st place - Fortier Antoine, Montreal
2nd place - Michael Cole, US Hwa Rang Kwan
3rd place - Aki Shikatani, JCCC
3rd place - Nicholas Sarwark, Washington

2-3 Dan

1st place - Tadahisa Matsuno, Carnegie Mellon U
2nd place - Kenji Yasui, U Pittsburgh
3rd place - Michael Manning, Shidogakuin NY
3rd place - Hironobu Murata, U Pittsburgh

Women

1st place - Yatsuki Hoang, Koryo
2nd place - Reiko DeSouza, Georgia KA
3rd place - Mari Shiveley, Shawnee SU
3rd place - Mieko Matsuyama, Cleveland SU

4th Dan and Above

1st place - Shigemitsu Kamata, Etobicoke
2nd place - Hajime Sugawara, Central Indiana U
3rd place - Kenjiro Ishimatsu, Etobicoke
3rd place - Robin Tanaka, Etobicoke

Team

1st place - Ontario Kendo Federation
2nd place - Shidogakuin New York
3rd place - Georgia Kendo Alliance
3rd place - University of Pittsburgh Kendo Dojo

SPRING 2005 SHIBUYA-KU TOURNAMENT - April 24, 2005

1st place - Individuals and Teams - Becky Yee, New York City

SHINKYU SHINSA

KENDO SHINSA, April 10, 2005, Rutgers University, New Brunswick, New Jersey

6TH DAN: Hajime Sugawara.

THE LAST WORD

In other martial arts, instructors taught their students to make extraordinary changes in both their mental attitudes and their body postures to adapt to the extraordinary circumstances of combat. Musashi, however, concluded that one's mind and body should be changed very little, if at all, from everyday attitudes. According to his experience, both body and mind "should be at peace and unwobbling." This is to say that Musashi cautioned the student against being needlessly tense or lax, and advocated adaptability to any situation. Concentrate on a ploy, a stance or a place on your opponent's body, and your actions will coagulate and bring about your own defeat. This was a teaching he held in common with the Zen priest Takuan, the fundamental point being to let both body and mind work freely, and not to allow them to be "caught" anywhere at all. In the Water chapter, Musashi taught various stances and strikes that the student was to practice day and night. Still, the culmination of these was to be in the above-mentioned Stance/No-Stance and in the No-Thought/No-Concept Strike. --William Scott Wilson, *The Lone Samurai: The Life of Miyamoto Musashi*.

Kenyu - Monthly Newsletter of the Pacific Northwest Kendo Federation

Kenyu Online - <http://www.kendo-pnkf.org/news/kenyu.phtml>

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