

剣 Kenyu 友

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August/September 2000

DATEBOOK

1. Oct 15, PNKF Board meeting, Sun, 10 am, home of CJ Chaney, 14619 Eastgate Drive, Bellevue (425) 747-7245.
2. Nov 11, PNKF Taikai, Sat, 9:30am, Renton.
3. Dec 9, Renton Taikai, Sat, 10am, Renton.

PNKF BOARD ELECTIONS

Nominees for the PNKF Board of Directors were fewer than the fourteen available seats, therefore all the following nominees are automatically on the Board for 2000/2001: Dick Anderson (Bellevue), Tom Antush (Highline), Tom Bolling (Bellevue), CJ Chaney (Bellevue), Karin Feddersen (Tacoma), Gary Imanishi (Cascade), Curtis Marsten (Renton), Elizabeth Marsten (UW), Ron Risher (Northwest), Neil Sunderland (Renton), Tom Swenson (Renton), Moki Yōshikawa (Tacoma), and David Yotsuuye (Bellevue). Jeffrey Marsten (Bellevue/Highline) and Kiyoshi Yasui (Seattle) continue as PNKF Advisors. At the October 15, 2000 Board meeting the new Board will be seated, and new officers will be elected.

PNKF TAIKAI SATURDAY NOVEMBER 11, 9:30 am, Renton.

Again this year we are very fortunate that Ron Risher has volunteered to Chair the PNKF Taikai. Every member of PNKF needs to remember that they are not guests at the Taikai, but rather hosts, and we need every single member to work hard before and during the Taikai for it to succeed. Court assignments and setup will be the same as last year, so please plan on doing the work your Dojo did last time. If you are contacted by Ron or your Dojo head to do a specific thing, please be prepared to say "YES!" On the day of the Taikai, please be alert and help with anything that you see needs doing.

AIEA TAIHEIJI KENDO TOURNAMENT, Halawa, Hawaii, August 20, 2000

Yonenbu Division

- 1st place - M. Akiho, Southern Cal
- 2nd place - B. Fukutomi, Aiea
- 3rd place - K. Chun, Mililani

Shonenbu Division

- 1st place - M. Texeira, Hilo
- 2nd place - J. Chun, Kenshikan
- 3rd place - Ryan Busher, Kenshikan
- 3rd place - Andrew Doi, Ken Yu Kai

Seinenbu Division

- 1st place - H. Lee, Myohoji
- 2nd place - Y. Choi, Kenshikan
- 3rd place - K. Mejia, Waipahu Seibukan

Women's Open Division

- 1st place - K. Takada, Southern Cal
- 2nd place - R. Kubo, Waipahu Seibukan
- 3rd place - S. Yoneichi, Southern Cal
- 3rd place - M. Furutani, Kenshikan

Yudansha 1-2 Dan Division

- 1st place - C. Goodin, Aiea
- 2nd place - R. Kubo, Waipahu Seibukan
- 3rd place - B. Kang, Aiea
- 3rd place - S. Oh, Ken Yu Kai

Yudansha Open Division

- 1st place - M. Kawabata, Kenshikan
- 2nd place - M. Miyamoto, Mililani
- 3rd place - T. Buntin, Kenshikan

Yudansha Masters Division

1st place - M. Kurosawa, Aiea
2nd place - D. Kikau, Ainakoa
3rd place - J. Zalewski, Kenshikan
3rd place - S. Nakao, Mililani

Grand Champion - Mark Kawabata

Aiea Taiheiji Kendo Club Most Improved - Braxton Fukutomi

Aiea Taiheiji Kendo Club Most Outstanding - Matthew Muranaka

SHINKYU SHINSA

IAIDO SHINSA, August 20, 2000, Tyee Community Center.

1ST KYU: Darrick Lew (UW), Nels Lindberg (UW).

1ST DAN: Craig Fife (Obukan), Scott Sakamoto (Obukan).

KENDO SHINSA, August 20, 2000, Tyee Community Center.

6TH KYU: Kelvin Winder (Seattle).

5TH KYU: Dean Kwak (Seattle).

4TH KYU: Christopher Noose (Big Sky), Rudolf Opavsky (Bellevue), Robin Povey (Bellevue), Lindy Snyder (Cascade).

3RD KYU: Scott Bigler (Obukan), Kathy Harrison (Bellevue), Chong Kwak (Northwest), Darrick Lew (UW), Chun-hsu Lin (WSU), Nels Lindberg (UW), Michael Malixi (Big Sky), Hannah Merley (Highline), Agustin Sarmiento (Highline), Jason Syring (Bellevue).

2ND KYU: Masumi Rinaldi (Bellevue), David Schellenger (Obukan), Matt Shipman (Obukan), Guy Youngblood (Big Sky).

1ST KYU: Adam Hogan (Obukan).

1ST DAN: CJ Chaney (Bellevue), Lonny Hancock (Obukan), Bruce Hess (Idaho), Jeffrey Marsten (Highline), Garrett Suzaka (Cascade).

THE LAST WORD

Manipulation of the nihon-to is the basis of the Kendo strike or thrust. Since, however, the shinai is straight with a round cross-section, you cannot simply strike from any position you choose. As with the nihon-to, when two shinais strike each other the line of the cutting edge must carry right through. The practice of moving the shinai through space in this way is called suburi. There is a tendency to think of suburi as a warming-up exercise before keiko begins. This is a serious mistake, however, for if you cannot perform correct suburi then you will be unable to execute a correct strike. To perform correct suburi, swing the shinai in such a way that it travels to its target through the shortest possible distance.

For beginners, it is best to practice suburi by first standing in front of a mirror and swinging the shinai on the spot. Once able to do this correctly, beginners should proceed through the various stages toward coordination of arms and feet in accordance with ashi-sabaki.

Maai refers to the distance between you and your partner. In a broad sense, it designates the spatial aspect, but the word "ma" also includes the idea of seizing the chance, or of timing. Ma is often said to be the most important aspect of Kendo. Although the different maai can be described in terms of form, when it comes to keiko or matches they are often elusive and difficult to grasp. There is ma which can be taught, therefore, and ma which cannot be taught.

--Hiroshi Ozawa, **KENDO: THE DEFINITIVE GUIDE.**

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KENYU ONLINE - <http://faculty.washington.edu/kendo/kenyu.html>

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