

Sep 27, Sun, PNKF Board, 12 noon, V. Marsten home.
Oct 17, Sat, PNKF Shinpan Seminar, 11 am to 3 pm, Highline. Yudansha of all levels are highly encouraged to attend.

Oct 17, Sat, Southeastern US Kendo Championships, Charlotte, NC. Entries due Oct 4. For a copy of

the entry form please contact Jeff Marsten (206) 246-2239 or Jeffkendo@aol.com.

Nov 14, Sat, PNKF Taikai, 9:30 am Renton, 1715 Maple Valley Hwy.

Dec 5, Renton Taikai, 2nd Dan and Below.

FROM THE PNKF BOARD

Nominees for the PNKF Board of Directors were BOARD ELECTIONS. fewer than the fourteen available seats, therefore all nominees are automatically on the Board for 1998/1999. The new Board is: Anderson (Bellevue), Tom Antush (Highline), Tom Bolling (Bellevue), Mateo Gapasin (Renton), Brandy Grobart (Obukan), John Hancock (Obukan), Daryl Imanishi (Seattle), Curtis Marsten (Renton), Vicki Marsten (Renton), Neil (UW), Rick Tuttle (Meadowbrook), and David Yotsuuye Sunderland Jeffrey Marsten (Bellevue/Highline) and Kiyoshi Yasui (Bellevue). (Seattle) continue as PNKF Advisors.

The new Board will attend the last meeting of the old Board on September 27, and then will be officially seated and elect their new

officers at the October meeting.

REMINDER ABOUT BEING CURRENT PNKF AND AUSKF MEMBERS. Kenshi are reminded that it's their responsibility to keep their Federation memberships current. In order to be eligible for the upcoming 1999 US Taikai and Year 2000 World Taikai, each participant must be a paid-up member of both their Regional and National Federations. For us, that means the PNKF and the AUSKF. Current membership is also required for general participation in all normal events such as Seminars, Shinsa, All-Japan Summer Camp, and Taikai.

TEAM COACH AND MANAGER FOR PNKF US TAIKAI 1999 TEAM. interested in serving as either the Team Coach or the Team Manager for our PNKF Team to go to the All-US Championships in 1999, please submit their name to the PNKF Board as soon as possible.

US TEAM TO WORLD TAIKAI 2000 FIRST ELIMINATIONS. Coming up in the spring of 1999 will be the first round of eliminations for the US Team. This is the US Team which will compete at the 11th World Kendo Championships which will be held at Santa Clara, California, in the year 2000. People who survive the first round will also have a second round of eliminations later in the year. Only those who survive both rounds will be eligible for the US Team, except that the winners of the All-US Championships will automatically be on the Team as well.

After a great day of competition and goodwill including an intense Jodo/Kenjutsu Demo by Rick Polland (Nosyuiaido, Inc.) and Kyudo by the Dallas Kyudo club, here are the results, relayed by Robert Stroud:

Inoue Cup (sandan and below)

1st - Deb Farmer, Shidogakuin, New York

2nd - David Cooper, DFWKIK, Dallas

3rd - Sue Sekreta, Ken Zen, New York (via New Mexico)

3rd - Scott Tullis, Cheyenne, Wyoming

Fighting Spirit - Scott Tullis, Cheyenne, Wyoming

AUSKF Kodansha Division

1st - Dick Anderson, Bellevue Kendo Club, Lake Stevens, Washington

2nd - Russell Ichimura, DFWKIK, Dallas

3rd - Tom Hooper, Ken Zen, New York

3rd - Robert Stroud, Obukan, Portland, Oregon

Fighting Spirit - Russell Ichimura, DFWKIK, Dallas

SHINKYU SHINSA

KODANSHA SHINSA, May 8, 1998, Nagoya. KYOSHI: Shozo Kato (Shidogakuin).

KENDO SHINSA, August 6, 1998, Kitamoto. 4TH DAN: John Hancock

(Obukan).

IAIDO SHINSA, August 8, 1998, Obukan. 1ST KYU: Neil Sunderland

(WW).

KENDO SHINSA, August 16, 1998, Spokane. 6TH KYU: Michael Malixi (Big Sky), Chris Olson (Big Sky); 4TH KYU: Rhett Atagi (Idaho), Ryan Atagi (Idaho), Bruce Hess (Idaho), John Lammers (Spokane); 3RD KYU: John Arias-Anduaga (Spokane), Ken Bush (Spokane), Gerald Ham (UW), Jeff Hirschauer (Spokane), Moselle Horiuchi (Seattle), Terry Slosson (Northwest), Richard Soong (Seattle), Thomas Swenson (Renton), Guy Youngblood (Big Sky); 2ND KYU: Darachan Hess (Idaho), Robert Kellams (Renton), Jeffrey Marsten (Highline).

IAIDO SHINSA, August 30, 1998, Bantam, CT: 1ST DAN: Kitty Gandee

(Cascade).

Below are some hints which may be helpful for the THE LAST WORD understanding of Kendo practice: (1) In the Dojo, dispense with any easy sense of cameraderie. As long as you are wearing the men, the opponent must be perceived as the enemy, and keiko carried out as a one-on-one (2) It should be recognized that each person has his or confrontation. her own style and philosophy of Kendo which should be respected while still maintaining a sense of harmony in the group. (3) Keiko should be carried out with the whole self -- spirit (kihaku), physical strength, (4) Each keiko, and each strike delivered during keiko, and technique. should be performed as if it were the one and only chance you have. Through keiko, strive hard to develop the self. (6) Improve your Kendo by devoting yourself to keiko for its own sake. It should always be remembered that Kendo is not something you know, but rather something you enjoy learning. Kendo is therefore something you become good at unconsciously, over a period of time. --Hiroshi Ozawa, KENDO: THE DEFINITIVE GUIDE.

KENYU - Monthly Newsletter of the Pacific Northwest Kendo Federation
KENYU ONLINE - http://weber.u.washington.edu/~kendo/kenyu.html
Tom Bolling, Editor - 7318 23rd Avenue N.E., Seattle, WA 98115