

剣 Kenyu 友

Volume 12, number 2
February 1998

DATEBOOK

1. Feb 27-Mar 1 Meadowbrook Iaido Seminar, Washington Zoological Park, 19525 S.E. 54th, Issaquah, on Cougar Mountain. Noguchi Hideo, Iaido Kyoshi 8th Dan is expected to attend. Fee is \$20.00. Attendees must be members of IKF-affiliated organizations.
Feb 26, Thu, 7:30-9 p.m., at the Washington Shotokan Dojo, 12754 Bellevue/Redmond Road, Bellevue.
Feb 27, Fri, 7-9 p.m., at the Washington Zoological Park.
Feb 28, Sat, door open 9 a.m., practice from 10 a.m.-12 noon, and 1-4 p.m., at the Washington Zoological Park.
2. Feb 28, Sat, PNKF Kendo Shinsa up to 4th Dan, Highline, doors open 11 a.m., Shinsa starts at 11:30 a.m. sharp.
3. Mar 1, Sun, PNKF Iaido Seminar and Shinsa, at the Washington Zoological Park, door open 9 a.m., practice 10 a.m.-12 noon. Iaido Shinsa 2 p.m.
There is no fee for PNKF Seminar. Donations accepted to help Meadowbrook with the expense of bringing Noguchi Sensei. Those testing for Kyu or up to 3rd Dan had to have been registered by Feb 14.
4. Mar 21, Sat, Highline Mudansha Taikai, with PNKF Board meeting prior to the Taikai.
5. Mar 26-Apr 1, Kamei Kazuhiro, Kendo Hanshi 8th Dan and Iaido 7th Dan, visit to Renton with 15 people, all adult kenshi from Kanagawa, including Mariko Yoshikawa's sister Ritsuko. Kamei Sensei is the champion Miyazaki Sensei's sensei.
6. End of March, PNKF Kata Seminar.
7. Mar 29, Sun, British Columbia Kendo Federation Three Nation Junior Taikai for ages 15 and under.
8. Apr 11, Sat, UW Taikai.
9. Apr 17-19, Cherry Blossom Festival.
10. May 3, Sun, Bellevue Youth Taikai and PNKF Board meeting.
11. May 10-12, Obukan, visit of Ide Katsuhiko, Iaido Kyoshi 8th Dan, Haruna Matsuo, Iaido Kyoshi 7th Dan, and Oshita Masakazu, Iaido Kyoshi 7th Dan. Possible Jodo Seminar May 13.
12. May 22-May 27, Sunrise. Dedication of new Dojo, and visit from Nakanishi and Narasaki Sensei, both 9th Dan, and 20 other 8th Dan sensei.
May 23, Sat, a.m. Iaido Training; p.m. Dojo Opening Ceremonies.
May 24, Sun, all day keiko (9-4:30) (Kendo and Iaido).
May 25-27, evening keiko (Kendo and Iaido).
13. May 30, Sat, Sunrise Taikai.
14. Jun 21, Sun, Leeward Oahu Taikai, Mililani, Hawaii.
15. Jun 27, Sat, PNKF Board, 11 a.m., V. Marsten home.
16. Aug 8, Sat, PNKF Iaido Seminar and Shinsa.
17. Aug 9, Sun, PNKF Kendo Shinsa.
18. Oct 3, Sat, PNKF Shinpan Seminar.
19. Nov 14, Sat, PNKF Taikai.
20. Dec 5, Renton Taikai, 2nd Dan and Below.

FROM THE PNKF BOARD

The PNKF Iaido Seminar being given on March 1, 1998 is a PNKF event and is open to all PNKF members at no cost. It is fortunate that Noguchi Sensei will be in town at the invitation of the Meadowbrook Kendo/Iaido Club as part of their Meadowbrook Iaido Seminar, and thus will be able to assist us with the PNKF Iaido Seminar as well. We are sure the PNKF members will find it most enlightening.

Daryl Imanishi (Seattle) is the coordinator of the "School Visitation Pool," and liaison with the schools. Please submit your name to Imanishi Sensei (206-323-2996) email <dimanish@cks.ssd.k12.wa.us> if you are willing to be contacted for possible demos at schools.

36th ANNUAL STEVESTON KENDO TOURNAMENT - February 14, 1998

9 Years and Under

1st place - T. Young, Sunrise
2nd place - Y. Nakamura, Steveston
3rd place - R. Campbell, Steveston
3rd place - S. Maruno, Renbu

10 to 12 Years

1st place - J. LeClair, Sunrise
2nd place - A. Akitaya, Vancouver
3rd place - N. Park, NCKF
3rd place - S. Inoue, Sunrise

13 to 15 Years

1st place - K. Chinen, SCKF
2nd place - S. Tomimatsu, SCKF
3rd place - M. Omura, SCKF
3rd place - N. Fukushima, Vancouver

Ladies

1st place - Y. Sugiyama, Renbu
2nd place - W. Nakano, Steveston
3rd place - N. Fukudome, U Victoria
3rd place - M. Taguchi, Sunrise

Non-Degree

1st place - J. Chiang, ^{SCKF} Sunrise
2nd place - R. Chen, Sunrise
3rd place - C. Nojiri, Bellevue
3rd place - N. Sunderland, UW

1st and 2nd Dan

1st place - D. Yang, SCKF
2nd place - K. Kinno, SCKF
3rd place - Y. Kitajima, SCKF
3rd place - A. Akitaya, Vancouver

3rd Dan and Above

1st place - S. Asaoka, Sunrise
2nd place - B. Shirahama, Renbu
3rd place - C. Yang, SCKF
3rd place - A. Shirran, Sunrise

Junior Team

1st place - SCKF
2nd place - Sunrise

Senior Team

1st place - Sunrise
2nd place - Steveston

THE LAST WORD There is an old Kendo proverb: "The kirikaeshi gives ten virtues to the attacker and eight virtues to the receiver." The ten virtues for the attacker are that kirikaeshi (1) makes the waza swift and sharp, (2) strengthens the power of the stroke, (3) gives us good wind and stamina, (4) makes the working of the arms flexible, (5) makes physical movement light and agile, (6) enables us to operate the shinai freely, (7) settles the waist well and gives a well-balanced posture, (8) makes the eyesight clear, (9) teaches the adequate interval at which to strike the opponent, and (10) gives dexterity in the working of the palms. The eight virtues for the receiver are that kirikaeshi (1) keeps the mind in tranquillity, (2) makes the eyesight clear, (3) makes us learn the style of the opponent's sword-stroke techniques, (4) makes the palms firm and flexible, (5) makes physical movement free and flexible, (6) enables us to become good at receiving strikes, (7) strengthens the arms, and (8) strengthens the body. --Sasamori and Warner, THIS IS KENDO.

KENYU - Monthly Newsletter of the Pacific Northwest Kendo Federation

KENYU ONLINE - <http://weber.u.washington.edu/~kendo/kenyu.html>

Tom Bolling, Editor - 7318 23rd Avenue N.E., Seattle, WA 98115