

Aug 25, Kyushu Takatamachi Group practice, Thu, 6:00 p.m. at Saint Peter's Gym.

Aug 27, Kyushu Takatamachi Group practice, Sat, 8:00 a.m. at Seattle Buddhist Temple.

Sep 1, deadline for nominations to the PNKF Board of Directors for 1994/1995.

Sep 10, Yudansha Keiko, Sat, 8:30 a.m., Nisei Vets.
Sep 17, Iaido Seminar at Obukan, Sat, 12:00 noon to 3:30 p.m., Greenburg Plaza Jazzercise, 18550 S.W. Cascade Blvd., Tigard, OR

Sep 23, Northwest Keiko, Fri, 7:00 p.m.

Sep 25, PNKF Board meeting, Sun, 1:30 p.m., Imperial Lanes. 7.

Oct 1, Yudansha Keiko, Sat, 8:30 a.m., Nisei Vets. 8.

- Oct 15, PNKF General Membership meeting/Board meeting/Election 9. of Officers, Sat.
- Nov 4, Iaido Seminar with Kato Shozo, Fri, Bellevue, 7:00 p.m. 10.
- Nov 5, Shinkyu Shinsa, Sat, Highline. 11. Kodansha Shinsa 9:00 a.m. PNKF Shinsa 12:00 noon KFUSA Board meeting 12:00 noon

Hospitality room at Silver Cloud Inn, Renton, 7:00 p.m.

Nov 6, PNKF Taikai, Sun, 9:30 a.m., Renton. 12.

Dec 8, Renton Keiko, Thu, 7:00 p.m. 13.

FROM THE PNKF BOARD

Anyone with marketing skills who could help with our current project of revising the PNKF brochure would be greatly appreciated. Please call Jeff Marsten (246-2239) right away

We are still looking for volunteers to help with various committees for the Taikai. Please call Jeff Marsten (246-2239) to volunteer.

Don't forget to send in nominations for your Dojo representatives to the PNKF Board of Directors. Deadline is September 1. Please let your Dojo head know if you would like to be on the Board, or know someone you'd like to nominate.

PNKF dues for 1994/1995 are due in to the PNKF Treasurer October 8. Please remember that to be eligible to participate in PNKF and KFUSA sponsored or affiliated events, one MUST be an up-to-date member of PNKF. This includes Promotional Exams and Tournaments. Based on how this year's PNKF fee structure is set up, non-PNKF or affiliated members may be charged additional fees. It is each Dojo/Club's responsibility to ensure that their members are current. If members join later on during the year, additional updates must also be sent in to cover them.

Please note that all non-PNKF or affiliated members whose names are submitted on the entry forms by PNKF Dojo/Clubs for the PNKF Taikai will

be assessed a special fee to participate in the Tournament.

Fundraising Chair Dave Dye will soon be sending your Dojo a package of raffle tickets. Prize is a brand new set of Bogu donated by Koei Budoguya in Japan, with a retail value of approximately \$1,600.00, which will be custom fit to the winner. Drawing will be held at the PNKF Taikai on November 6. The winner need not be present to win.

PNKF is putting on two seminars the weekend of August 27 and 28. Shig Hamamatsu will conduct one in Spokane, and Jeff Marsten and Tom Bolling will conduct one in Boise. Participating Kenshi will come from Eastern Washington, Idaho, Montana, and Utah.

At its July 23 meeting, the PNKF Board voted to have regular quarterly Iaido Seminars. The first one will be at Obukan September 17, and the second one at Renton November 4.

PNKF PRACTICE SHIAIGEIKO STANDINGS (as of June 11, 1994) MUDANSHA: S.Smith-24; Monji-18; Naumer-15; M.Smith-15; T.Anderson-12; Dye-11; Mihata-9; Alfstad-9; Yukawa-9; Orwig-9; Sherman-9; Kim-8; Lum-8; D.Chang-8; Dunn-7; Chilson-7; Alberola-Ila-6; S.Chang-6; Hoberg-6; Feddersen-6; Ainsworth-6; Kerr-5; Tan-4; Parkinson-4; Schmidth-4; Bixler-4; Matsunaga-4; Lin-4; Mack-4; Ichinaga-3; Rosales-3; Willy-2; Okutani-2; Jones-2; N.Konno-2; Swenson-2; Brown-2; Seto-2; Cabe-2; S.Howell-2; L.Kayashima-2; Bae-2; Bacon-2; Yanagimachi-2. E.Marsten-37; D.Kayashima-25; J.Wang-13; J.Marsten-13; Nagai-12; Scoccolo-8; Sera-8; Buonadonna-7; B.Colio-6; R.Colio-6; Barnes-6; Grice-5; B.Yaeger-4; M.Yaeger-4; S.Y.Smith-4; R.Nakajima-4; H.Monji-2; C.Nojiri-2; Santon-2; B.Smith-2; Mitsuya-2; Y.Konno-2; J.Nakajima-2; Shimizu-2; Lundell-2; K.Deng-2; J.Deng-2; Bonuthan-2. YUDANSHA: Hamamatsu-32; Yabe-17; D.Anderson-17; J.Marsten-16; Lu-15; Elliott-15; Bolling-15; Nelson-13; McCarry-12; Arsenault-12; T.Konno-10; Watanabe-10; Bucholtz-9; Yotsuuye-8; Johnson-8; Yoshida-8; Do.Imanishi-7; DeJong-7; Shimizu-6; Da.Imanishi-5; Ampo-4; Noda-4; Yoshikawa-4; Kajitani-3; Stroud-2; Uesonoda-2; Osawa-2; Naganawa-2; Seymour-2; Miura-2; Shoji-2; B.Howell-2.

THE LAST WORD

If you worry, you can't think. Forget worry, that's the easiest way. --Harry Eto, "The Wisdom of 'Slow and Steady,'" FURYU, The Budo Magazine of Classical Japanese Martial Arts and Culture, Spring 1994.

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