

- 1. Apr 2, Yudansha Keiko, Sat, 8:30 p.m., Nisei Vets.
- 2. Apr 5, Tacoma Keiko, Tue, 7:00 p.m.

3. Apr 8-11, World Taikai, Paris.

- 4. Apr 22,23,24 Cherry Blossom, Seattle Center.
- 5. Apr 27-May 9, Ishikawa Kazuhiko visit to Obukan.
- 6. Apr 30, Cleveland Taikai. Deadline for entry

forms from your Dojo is Apr 20.

- 7. May 1, Highline Youth Taikai and Board meeting.
- 8. May 7, UW Taikai [NOTE: the May 7 Yudansha Keiko is CANCELLED].
- 9. May 12, Renton Keiko, Thu, 7:00 p.m.
- 10. May 16-26 Honda Tasuke and Tanaka Isamu visit to Obukan.
- 11. May 21, Bellevue Youth Seminar, Sat.
- 12. May 27,28,29,30, US Air Force Academy Seminar, Colorado. Deadline for applications from your Dojo is May 10.
- 13. May Bellevue Youth Seminar will be rescheduled at a later date.
- 14. June 7, America Haken Nihon Budo Daihyodan visit, Highline.
- 15. Sometime near the end of August a group from Takadomachi in Fukuoka will visit Seattle.

## FROM THE PNKF BOARD

Original articles and translations of articles from Japanese Kendo magazines are needed for the KFUSA NEWSLETTER. Please send submissions to the KENYU Editor for forwarding to Tim Yuge.

We need a volunteer to chair up the PNKF Taikai. Please call Jeff

Marsten (246-2239) if you would be willing to do this.

Dave Dye is chairing up the fundraiser for this year's PNKF Taikai, and needs volunteers to help him. Please call him at (206) 474-9126.

The Obukan Seminar March 19 and 20 was a tremendous success. Nearly every PNKF Dojo was represented. With Kenshi coming from as far away as Montana and Idaho, it was sad that a couple of the PNKF clubs right here in the immediate area apparently weren't able to send anyone, even though this date had been on the PNKF calendar since last fall. Superb lectures were given by PNKF Sensei over Reigi, Kamae, Basic Strikes, Renzoku Waza, and Principles of Shiai and Shimpaning. After the lectures, we broke into groups to receive practical individualized instruction over the points which had been covered. It was a great inauguration for Obukan's new location at the Greenburg Plaza Jazzercise in Tigard.

## PNKF PRACTICE GUIDELINES

- Host club will provide the drill leader.
  - A. Get the shiai court laid out ahead of time before practice.
  - B. Get everyone sat down and ready to start.
  - C. Designate the shimpan for the first matches.
- Warm up will consist of the following:
  - A. Stretching.
  - B. Suburi.
  - C. Five sets of rotating kirikaeshi.
- Shiai.
- 4. Mudansha-Yudansha rotating keiko 3 minutes. Lower Yudansha will

fill in on whichever side they are needed to make up the pairs. Lower side only rotates - to their right.

5. Split keiko - 3 minutes. Everyone rotates below the rank of 6th Dan.

## PNKF PRACTICE SHIAIGEIKO RULES

- 1. Participants are to be seeded by number of points and then by rank and age.
- 2. Two points will be awarded automatically for attendance.
- 3. In case of hikiwake both contestants are eliminated.
- 4. Anyone missing their seed by being late will be disqualified from that month's contest. No practice matches are allowed.
- 5. The person in the top position may fight back down the ladder until they have received enough points to win for that day or they are eliminated by a loss or tie. EXAMPLE: If a contestant in the earlier matches has scored 3 points, the top person has the potential to score 4 or 5 points. If he won 2 matches and was tied with the earlier person with 3 points, he can fight a third match and score a possible of 5 points total. If after the 2 matches his point total was 4, that would finish the matches for the day.

PNKF PRACTICE SHIAIGEIKO STANDINGS (as of February 25, 1994)
MUDANSHA: S.Smith - 15; Naumer - 11; Monji - 10; T.Anderson - 9;
Mihata - 9; Yukawa - 9; B.J.Kim - 8; Lum - 8; Dunn - 7; Chilson - 7;
Orwig - 7; Dye - 6; Alberola-Ila - 6; Tan - 4; Schmidth - 4;
Alfstadt - 4; Bixler - 4; S.Chang - 4; Lin - 4; Hoberg - 4; Ichinaga - 3;
Rosales - 3; Sherman - 3; Kerr - 3; Willy - 2; Okutani - 2;
S.Jones - 2; N.Konno - 2; Matsunaga - 2; Swenson - 2; J.Brown - 2;
Feddersen - 2; D.Chang - 2; Seto - 2; Parkinson - 2.

VOUTH: F.Marsten - 13: Kavashima - 13; J.Wang - 9; B.Nagai - 8;

YOUTH: E.Marsten - 13; Kayashima - 13; J.Wang - 9; B.Nagai - 8; Scoccolo - 6; J.Marsten - 5; M.Yaeger - 4; Buonadonna - 4; B.Colio - 4; R.Colio - 4; B.Yaeger - 4; R.Nakajima - 4; H.Monji - 2; C.Nojiri - 2; Santon - 2; A.Sera - 2; Mitsuya - 2; Y.Konno - 2; J.Nakajima - 2; Shimizu - 2.

YUDANSHA: Hamamatsu - 19; Elliott - 13; D.Anderson - 12;
T. Konno - 10; Lu - 9; Bolling - 9; Yabe - 8; Nelson - 8; Arsenault - 8;
Do.Imanishi - 7; McCarry - 7; Watanabe - 7; Shimizu - 6; J.Marsten - 6;
Da.Imanishi - 5; DeJong - 5; Yotsuuye - 4; K.Noda - 4; Yoshida - 4;
Bucholtz - 3; Johnson - 2; Uesonoda - 2; Osawa - 2; K.Naganawa - 2;
Seymour - 2; Miura - 2; Shoji - 2.

## THE LAST WORD

When you are fighting adversaries and get to feeling snarled up in petty maneuvers, remember this rule of military science: while in the midst of minutiae, suddenly you shift to a large perspective.

Changing to great or small is an intentional part of the science of the art of war. It is essential for warriors to seek this even in the ordinary consciousness of human life. This mentality is critical to military science, whether large or small scale.

--Miyamoto Musashi, Gorin no Sho.

KENYU - Monthly Newsletter of the Pacific Northwest Kendo Federation Tom Bolling, Editor - 7318 23rd Avenue N.E., Seattle, WA 98115