

 Mar 25, PNKF Keiko, Cascade dojo, Wed, 7:00 p.m., Mercer View Community Center, 8236 S.E. 24th Street, Mercer Island. Directions from Seattle: I-90 to Mercer Island, take Exit #7 (77th Ave S.E.), turn left to stop sign, turn right onto N. Mercer Way, turn left at 81st Ave S.E, turn

right onto S.E. 24th Street...the Dojo will be on your left. Directions from Bellevue: I-90 to Mercer Island, take the Island Crest Exit, go through stop sign, turn right at 81st Ave S.E., turn right again onto S.E. 24th Street...the Dojo will be on your left.

- 2. Mar 29-31, Taiwan Kendo Taikai, Fri-Sun, Taipei, Taiwan.
- Apr 4, Goodwill Taikai and PNKF Board meeting, Sat, 12:00 noon, Western Oregon State College Old P.E.Building, Monmouth, Oregon.
- 6. Apr 4, Cleveland Taikai, Sat, Cleveland State University.
- 7. Apr 11-12, KFUSA meeting and North/South California Taikai at Los Angeles, Sat and Sun.
- 8. Apr 24-26, Cherry Blossom, Fri-Sun, Seattle Center.
- 9. Apr 25, UW Taikai, followed by Senior Kenshi meeting, Sat.
- 10. Apr 25, Charlotte Taikai, Sat, 10:00 a.m., Charlotte, NC.
- 11. May 2, Vancouver Taikai, Sat.

TRANSITION

Arae Takahiko, kyoshi nanadan, a great friend of PNKF Kendo, fell down dead of a heart attack at his usual evening Kendo practice in Tokyo's Chiyoda Gymnasium on March 10, 1992. He was 71. Direct, downto-earth, unassuming and straightforward, Arae Sensei was an extremely kind, encouraging and generous Kendo teacher, always especially concerned about the development of young people's lives. With his easy manner, perfect bearing and posture, and fluid, dynamic movements, few people realized he had overcome severe crippling of a terrible childhood Many in PNKF remember him for his exciting Ni-to-ryu attacks, and for the humorous way he brushed aside his devotion to daily practice by explaining that, "Frankly speaking, I only practice Kendo because it makes beer taste so good!" With the calm, relaxed, common touch of a self-made man accustomed to the rough company of people working outdoors in all weather at the tunnels and bridges of his firm's heavy construction sites, Arae Sensei was an extremely deep, serene, subtle, and serious student of philosophy, and a very wise man. He will be missed, but he will continue to inspire us.

KFUSA SUMMER CAMP PRE-REGISTRATION FORMS

If you are planning to attend the KFUSA National Kendo Camp Labor Day weekend please be advised that the March 15 deadline for submission of the registration forms has already passed! You need to get any remaining registration forms in immediately! Haga Tadatoshi and Kino Minoru, both of them hanshi hachidan, will be guest sensei from the ZNKR,

and will conduct a three-day Iaido Seminar on the Wednesday, Thursday and Friday leading into the weekend, and will then stay for the Kendo Camp Saturday, Sunday and Monday. Please sign up right away to ensure the success of our first all-US camp!

TACOMA PRACTICE MOVES

Effective immediately, the Tacoma Kendo Club will be practicing at a new location, 1602 K Street, corner of 17th and K Street, Tacoma. Time is still 7:00 p.m., Tuesdays. Come and check out their wood floor!

PNKF PRACTICE SHIAIGEIKO STANDINGS (as of February 5, 1992)

Mudansha: Parkinson - 11; Scott - 9; Arsenault - 6; Chan - 4;
Nelson - 4; T. Anderson - 4; Naumer - 4; Wu - 4;
Bell - 4; Kilgore - 3; G. Bucholtz - 3; Naganawa - 2;
Okayasu - 2; Bae - 2; Tan - 2; Hallaq - 2; Broderick - 2;
S. Bucholtz - 2; Nadam - 2; SH. Smith - 2; Cayetano - 2.
Yudansha: McCarry - 8; D. Anderson - 7; Elliott - 7; Yotsuuye - 6;
Bolling - 4; Mayhew - 4; J. Marsten - 3; D. Imanishi - 3;
Bucholtz - 3; Ogushi - 2; C. Marsten - 2;

Bucholtz - 3; Ogushi - 2; C. Marsten - 2; G. Imanishi - 2; Ikuta - 2; Fleischman - 2;

V. Marsten - 2; Takeuchi - 2.

KATA SEMINAR MARCH 14

Thanks to Saito Sensei for bringing Nakaseiko Sensei to the very insightful Kata Seminar March 14. Folks missed a really good session.

SENIOR KENSHI

Only one person responded to the idea of a senior emphasis program, so we're not sure if anyone is planning to be there for the organizational meeting following the UW Taikai, April 25. How about it? Any ideas?

THE LAST WORD

ARAE'S FOUR IRON RULES OF KENDO:

- 1. Eyesight, especially reading the mind of the aite.
- 2. Footwork, especially the knees.
- 3. Decision-making, reinforced by lots of practice.
- 4. Techniques (waza), and power, backed up by a cool everyday mind.
 --Arae Takahiko, June 18, 1984

KENYU - Monthly Newsletter of the Pacific Northwest Kendo Federation Tom Bolling, Editor - 7318 23rd Avenue N.E., Seattle, WA 98115

YES! I want us to have a Senior Kenshi program in PNKF! I'll come on April 25, and bring my input.

name			
street		20	
city			
state	zip		
nhone			

clip or photocopy this coupon
 or phone me (206) 527-1190

Ideas/suggestions: