

DATE

The Obukan Summer Special Training begins Friday, August 23, at 7:00 p.m., 14270 N.W. Science Park Drive, Portland, and continues Saturday and Sunday, August 24 and 25. Guest instructors are H. Umemoto and H. Iwakabe, of Denver, Colorado. Phone Robert Stroud (503-244-7335) for details.

2. Highine's last practice for the summer is Wednesday, August 21.

resuming on Monday, September 23.

3. The next PNKF practice is Tuesday, September 17, 7::00 p.m. at Tacoma.

 The PNKF Kata Seminar for instructors only is Saturday, September 21, 4:00 p.m. at Highline.

5. The next PNKF Board meeting is Saturday, September 21, 6:00 p.m. at Highline.

- 6. The PNKF Taikai is Saturday, November 16, 10:00 a.m. at Highline High School, 225 South 152nd Street. Shinkyu Shinsa is the same day, immediately following the Taikai.
- 6. PNKF will host the KFUSA Board meeting on Sunday, November 17, followed by the Kodansha Shinsa.

CONGRATULATIONS

Longtime Seattle member, as well as UW founding charter member and past president, Peter Mizuki married Japanese artist Naomi Komiya on Saturday, August 3, in Seattle Kendo Kai's own "backyard," Saint Peter's Episcopal Church. Kendoists traveled from California, nd Japan to attend this festive and gala occasion, and toasted and cheered the bride and groom with heartfelt enthusiasm at the happy, happy reception after the beautiful eremony. Best wishes from everyone, Naomi and Peter!

MUROSAKO ART EXHIBIT

On Saturday, September 21, there will be an opening of a show of the works of Pat Y. Murosako at the Golden Gallery, 1024 1st Street, in Snohomish (phone 568-8800). Murosako Sensei's exhibit will run for two months, and features his highly original and distinctive tyrofoam art. Congratulations, Murosako Sensei!

PNKF PRACTICE ATTENDANCE AWARD FOR JUNE - OBUKAN

PNKF PRACTICE SHIAIGEIKO STANDINGS (as of June 8, 1991)

Mudansha: DeJong - 27; Arsenault - 24; Mayhew - 19; Nelson - 18; T. Anderson - 15; Chan - 15; Blechschmidt - 13; Naganawa - 12; Naumer - 10; Parkinson - 9; S. Bucholtz - 7; M. Smith - 6; Okayasu - 6; Monji - 6; Rouch - 5; Scott - 5; Nadam - 5; Howell - 5; Warner - 4; Yamaguchi - 4; Uesonoda - 4; Steppic - 4; Gilmore - 4; Beppu - 3; Menath - 3; Hindman - 3; G. Haasch - 2; Abe - 2; Nakano - 2; Lewis - 2; Gosthnian - 2; Oiye - 2; Lawes - 2; Mack - 2; Edwards - 2; Grobart - 2; S. Smith - 2; K. Beebe - 2; A. Beebe - 2.

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PNKF PRACTICE SHIAIGEIKO STANDINGS (as of June 8, 1991), continued

Yudansha: J. Marsten - 20; C. Marsten - 19; McCarry - 19; Yotsuuye - 17;
Bolling - 17; Konno - 16; D. Anderson - 14; V. Marsten - 13;
Yamaguchi - 11; Lu - 10; D. Imanishi - 10; Elliott - 10; Yoshida - 8;
Bucholtz - 8; Yabe - 7; Stroud - 6; Hamamatsu - 6; Hatano - 5; Onaru - 5;
Ogushi - 4; G. Imanishi - 4; Chin - 4; Ikuta - 4; Saito - 4; Osato - 3;
Kozawa - 3; Nakayama - 2; Fleischman - 2; Namizato - 2; Oehlman - 2;
Seymour - 2.

THE LAST WORD

One moment, one movement decides whether you live or die. You cannot hesitate or waste time, for you have none to waste. You do not get a second chance. It is as important to keep this attitude in your life as it is in your training. In training you sharpen yourself by treating each encounter as a one-time event, a single chance. In your life, embrace each moment and make it count. There is wisdom to be found under the blade of the sword. --Saotome Mitsugi, The Principles of Aikido.