

# 剣 Kenyu

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### DATEBOOK

1. The next WSKF Practice is Friday, December 8, 7:00 to 9:00 p.m. at Northwest.
2. Yabe Sensei's next Kata Seminar for instructors only will be Sunday, December 17, 3:00 to 4:00 p.m. at Saint Peter's Gym. Participants are asked to review the All-Japan Kata videotape before coming to the Seminar. All kenshi are urged to come and watch the Seminar. Regular Seattle keiko will be from 4:00 to 5:30 p.m. following the Seminar.
3. There is a special Team '90 meeting Sunday, December 17, 6:00 p.m. at Imperial Lanes, chaired by our Team Coach David Yotsuuye. Please bring your input on the format of practice, the number of times we practice, the eliminations for the Team, and so on, to this extremely important meeting on our participation in the 1990 US Championships in Dallas.
4. The WSKF Potluck Dinner will be on Saturday, January 6, 6:00 to 10:00 p.m. at the Nisei Vets Hall, 1212 South King Street. BYOB. Please call George Bucholtz (767-4313) for details.
5. The next WSKF Board meeting is Sunday, January 7, 6:00 p.m. at Imperial Lanes.
6. CORRECTION: The March WSKF Practice will be Friday, March 2, 7:00 to 9:00 p.m. at UW (NOT March 16).

### WSKF ELECTIONS

At the November 5 WSKF Board meeting David S. Yotsuuye was elected Coach for our Team to the 1990 Championships in Dallas. Also at that meeting, Shinichi Koike, Jeffrey Marsten, and Pat Y. Murosako were elected as our representatives to the KFUSA for a two year term. At the December 3 Board meeting Tom Bolling was elected Advisor to the UW club.

### SHINKYU SHINSA RESULTS

Congratulations to all those who recently passed new degrees at the November 5 exam! 5th Kyu: Dennis Kavanagh, Dan Warner, and Chuck St. John; 4th Kyu: Scott Straight, Stephen Ting, Patrick Brennan, Gerald Radke, Tom Swenson, and Teresa Anderson; 3rd Kyu: Mark Smith, Dean DeJong, and Gary Haasch; 2nd Kyu: Isao Nakano, Wendall Saito, and Steve Herrington; 1st Dan: Brian McCarry and Dave Davis; 2nd Dan: Kim Fleischman and Andrew Chin; 3rd Dan: Dick Anderson and Hiroshi Ichimura; 4th Dan: Douglas Imanishi.

Congratulations also to those who passed the kodansha shinsa in LA November 19 for 5th Dan: Jeffrey Marsten, Yasuharu Ogushi, and David S. Yotsuuye!

### WSKF PRACTICE SHIAIGEIKO STANDINGS (as of November 15, 1989)

Mudansha: Antush - 7; Mayhew - 6; DeJong - 3; Risher - 2; Ting - 2.  
Yudansha: Davis - 9; Elliott - 5; Yotsuuye - 4; D. Anderson - 4; V. Marsten - 3;  
Lu - 2; J. Marsten - 2; C. Marsten - 2; Bucholtz - 2; Bolling - 2;  
Uchibori - 2; McCarry - 2.

(more over)

Monthly Newsletter of the WSKF - Tom Bolling, Editor  
7318 23rd Avenue NE, Seattle, WA 98115

Washington State  Kendo Federation

## FEDERATION PRACTICE GUIDELINES

1. Host club will provide the drill leader.
  - A. Get the shiai court laid out ahead of time before practice.
  - B. Get everyone sat down and read to start.
  - C. Designate the shimpan for the first matches.
2. Warm up will consist of the following:
  - A. Stretching.
  - B. Suburi.
  - C. Five sets of rotating kirikaeshi.
3. Shiai.
4. Mudansha-Yudansha rotating keiko - 3 minutes. Lower yudansha will fill in on whichever side they are needed to make up the pairs. Lower side only rotates - to their right.
5. Split keiko - 3 minutes. Everyone rotates below the rank of 6th Dan.

## FEDERATION PRACTICE SHIAI RULES

1. Participants are to be seeded by number of points and then by rank and age.
  2. Two points will be awarded automatically for attendance.
  3. In case of hikiwake both contestants are eliminated.
  4. Anyone missing their seed by being late will be disqualified from that month's contest. No practice matches are allowed.
  5. The person in the top position may fight back down the ladder until they have received enough points to win for that day or they are eliminated by a loss or tie.
- EXAMPLE: If a contestant in the earlier matches has scored 3 points, the top person has the potential to score 4 or 5 points. If he won 2 matches and was tied with the earlier person with 3 points, he can fight a third match and score a possible of 5 points total. If after the 2 matches his point total was 4, that would finish the matches for the day.

## HIGHLINE KENDO KAI NEWS

Curtis Marsten's kendo training trip to Japan is firming up for March 15 through April 8, 1990. After a stay at Aikawacho, the group will then continue training at Kokushikan University. If you are interested in going with this group, please contact Curtis (241-1870) for details.

## NORTHWEST KENDO CLUB NEWS

Northwest has a new location for Tuesday night practices, Whittier Elementary School, corner of N.W. 75th Street and 14th Avenue N.W. Current times are 7:30 to 9:30 p.m.

## UW KENDO CLUB NEWS

As of the December 3 Board meeting, UW is a ward or service organization of WSKF operating under the direct authority and review of the WSKF Board. All WSKF instructors will help support the program of UW. Tom Bolling has been appointed an Advisor to care for the UW club on a first hand basis. All WSKF kenshi are encouraged to practice at UW as often as they'd like to help support the club!

## THE LAST WORD

"Military tactics are like unto water; for water in its natural course runs away from high places and hastens downwards. So in war, the way is to avoid what is strong and to strike at what is weak. Water shapes its course according to the nature of the ground over which it flows; the warrior works out his victory in relation to the foe whom he is facing. Therefore, just as water retains no constant shape, so in warfare there are no constant conditions." --Sonshi, Heiho.