

剣 Kenyu

Volume 3, number 5
May 1989

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DATEBOOK

1. The next WSKF Practice is Tuesday, May 16, 7:15 p.m., at Tacoma. (Boys and Girls Club of Tacoma, 1620 South 17th Street -- from I-5 take the Sprague Avenue exit, then from Sprague you turn right on South 17th, and the Club is about two blocks, on the right.)
2. The June WSKF Practice is Saturday, June 3, in Portland, exact time and place to be announced.
3. The next WSKF Board meeting is Sunday, June 11, 6:00 p.m., at Imperial Lanes.
4. Seattle Kendo Kai Summer Camp will be the weekend of June 16, 17 and 18, at Camp Colman. Invitations will be sent out soon to all WSKF dojo with complete details.
5. Haga Tadatoshi, hanshi hachidan, will be in Seattle for an Iaido Seminar June 19 through 26, to be held at Meadowbrook. There is no charge for the Seminar, but pre-registration is required, so please contact Aniceto Seto, (206) 367-9273, for details.
6. Manabu Yabe will be conducting the next Kata Seminar for instructors only Sunday, July 16, 3:00 to 4:00 p.m. at Saint Peter's Gym. Regular Seattle keiko will be from 4:00 to 5:30 p.m. following the Seminar.
7. The large college kendo group from Kanto will be here on Thursday, July 20, at the UW IMA Quad D, with a party after at the Waterfront Activities Center. A donation of \$5.00 per person is being asked to help defray the expenses of the party.
8. Another large group from Kanagawa will be here August 19 and 20.

15th ANNUAL UW INVITATIONAL TAIKAI - APRIL 22, 1989

The Kendo Club at UW wishes to thank all the WSKF members and friends who helped with scorekeeping, timing, and the countless other details which made the event successful.

Women's Eliminations

1st place - W. Nakano, Vancouver
2nd place - V. Marsten, Highline

Non-Degree Eliminations

1st place - B. McCarry, Highline
2nd place - D. Davis, Highline

1st and 2nd Dan Eliminations

1st place - H. Sugawara, UW
2nd place - P. Nishikihama, Steveston

3rd Dan and Above Eliminations

1st place - T. Kondo, Steveston
2nd place - M. Yabe, Seattle

Team Eliminations

1st place - Steveston A
2nd place - Sunrise

CARBON GRAPHITE SHINAI

When Onuma Sensei was here November 18 he gave WSKF a beautiful 3.9 medium (500 g.) carbon graphite shinai, which is now being offered at auction as a fund raiser. Send your bids, beginning at \$160.00, to Jeffrey Marsten, 616 S.W. 135th Street, Seattle, WA 98146. The bamboo shinai Onuma Sensei also gave us will be given to the winner of the WSKF Practice Shiaigeiko Standings at the end of the year.

Monthly Newsletter of the WSKF - Tom Bolling, Editor
7318 23rd Avenue NE, Seattle, WA 98115

Washington State  (more over)
Kendo Federation

UW KENDO CLUB NEWS

Ken Ogami has returned from his leave of absence to resume his position as Head Instructor of UW. For his first official act he was master of ceremonies for the UW Taikai. Welcome back, Ken!

WSKF PRACTICE SHIAIGEIKO STANDINGS (as of April 14, 1989)

Mudansha: McCarry - 31; Davis - 17; DeJong - 16; Smith - 9; Bae - 6; Mayhew - 6; Risher - 5; Nakano - 5; Ting - 4; T. Imanishi - 4; Abe - 2; Kurima - 2; Kawase - 2; Brennan - 2; Wahjadi - 2; Daly - 2; Johnson - 2; Yang - 2.

Yudansha: Anderson - 16; C. Marsten - 15; Ogushi - 14; Sugawara - 9; Chin - 9; Elliott - 8; Namizato - 8; D. Imanishi - 7; Lu - 6; J. Marsten - 6; Bolling - 6; N. Shoji - 6; Yotsuuye - 5; Bucholtz - 5; Yabe - 4; V. Marsten - 4; Konno - 3; Kurosu - 2; Kozawa - 2; Ogami - 2; Okuda - 2; Yoshida - 2.

WSKF '89 15th ANNUAL TAIKAI CHAIR

The 15th Annual WSKF Taikai is coming up this fall, and it's time for someone to volunteer to be the Chair. If you're willing to be the one, please let Jeffrey Marsten know (206) 246-2239.

VOLUNTEER POOL

WSKF President Jeffrey Marsten is establishing a list of people willing to volunteer for things. If you're one of those people, please tell Jeffrey or let your dojo reps know.

CHERRY BLOSSOM FESTIVAL

Again this year our contribution to the Cherry Blossom Festival was one of the biggest attractions of the event. Doug Imanishi, organizer of the demos, as well as every one of the participants, including family, friends and supporters, all of whom battled the traffic to be there in the middle of beautiful weekend days, deserve lots of thanks for making it another smashing success. Hats off to Megan McManus, Jamié Sellers, Hana Koike, Midori Koike, Joshua Bollinger, Scott Bucholtz, George Bucholtz Jr., George Bucholtz Sr., Chris Visaya, Vicki Marsten, Curtis Marsten, Aniceto Seto, Scott Daly, Stephanie Rothman, Scott Ramirez, Doug Imanishi, Linda Murosako, Suzie Kozawa, Andrew Chin, Teresa Imanishi, Todd Johnson, David Yotsuuye, Tom Bolling, Kazu Namizato, Noriko Shoji, and Ron Risher.

THE LAST WORD

"Adopt a stance with the head erect, neither hanging down, nor looking up, nor twisted. Your forehead and the space between your eyes should not be wrinkled. Do not roll your eyes nor allow them to blink, but slightly narrow them. With your features composed, keep the line of your nose straight with a feeling of slightly flaring your nostrils. Hold the line of the rear of the neck straight: instil vigour into your hairline, and in the same way from the shoulders down through your entire body. Lower both shoulders and, without the buttocks jutting out, put strength into your legs from the knees to the tips of your toes. Brace your abdomen so that you do not bend at the hips. Wedge your companion sword in your belt against your abdomen, so that your belt is not slack - this is called "wedging in".

"In all forms of strategy, it is necessary to maintain the combat stance in everyday life and to make your everyday stance your combat stance. You must research this well."

--Miyamoto Musashi, Gorin no Sho.