

1. The next WSKF Practices are Friday, July 24, 7:00 to 9:30 p.m., at Hutchinson Gym, UW, and Sunday, August 9, 3:00 to 5:30 p.m., at Seattle.

The next WSKF Board meeting is Sunday, August 9, 6:00 p.m.,

at Imperial Lanes.

3. From now until the 4th US Championships in New York, Men's Team practices will be every Tuesday at the Belltown dojo, and every Friday at the Northwest Center. All practices are from 7:00 to 9:00 p.m., and all kenshi and other Team supporters are urged to come and practice with the Team, or cheer them on by just being there. This is a great chance to enjoy some truly intense kendo ...

4. The two sandan women from Kokushikan University will be arriving to help the WSKF Women's Team on Sunday, July 26, with their first practice the following evening, Monday, July 27, 7:00 to 9:00 p.m., at Highline. A heavy schedule of practices will continue until their departure Thursday, August 20. They also have a few openings for invitations to other practices if dojo would like to extend more times to them. Everyone is welcome to follow these powerful women around to the various practices and join in on this rare opportunity. For details, call

Jeffrey Marsten (home phone 246-2239).

5. Washington State Iaido Federation Monday night practices are resuming at last, and are being held at the Meadowbrook Community Center, 10750 30th Avenue N.E., 7:00 to 9:00 p.m. Meantime, the Wednesday night iai practices at UW Hutchinson Gym have been increased from one hour to two hours in duration, also 7:00 to 9:00 p.m., through August 19. The UW practices have, of course, traditionally always been open to all iai students, but this summer they have been specifically turned over to the Federation to provide more access to Murosako Sensei's teaching as the autumn shinkyu shinsa approaches. As always, there is also an iai practice Tuesdays from 7:00 to 7:30 p.m., at Tacoma.

WSKF TAIKAI

Any volunteers to be the 1987 WSKF Taikai Chairperson? The Taikai is coming up soon, at the end of October or the first week of November! Exact date will depend on the school officials, but the location will be Evergreen High School, and preliminary plans are under way. What we need now is for someone to volunteer to coordinate things. If you're interested, please contact Ken Ogami (home phone 821-4243, work phone 773-7002) or any other WSKF Board member.

THE LAST WORD

"If you have nothing in your mind, you can easily do whatever you do. A mirror, always clear, with no form or shape of its own, distinctly reflects whatever faces it. The mind of a person of the Way is like a mirror ... " -- Yagyu Munenori, Heiho Kaden Sho.

