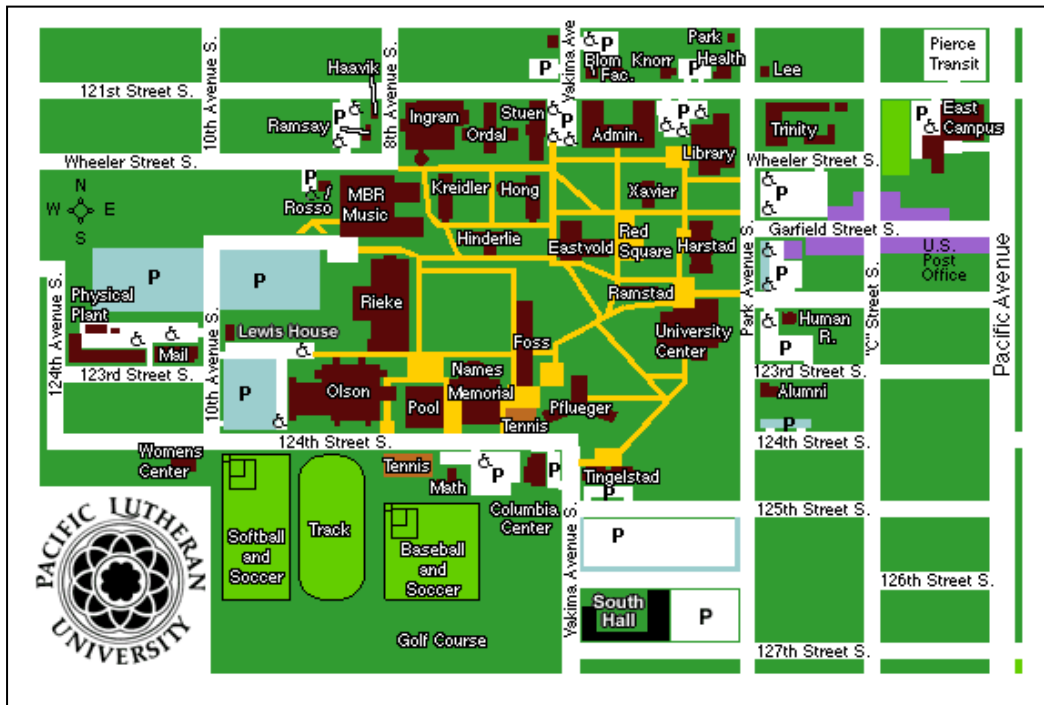


Finding your way to & around PLU...

PLU is 31 miles south of Seattle-Tacoma International Airport.

Estimated travel time is 31 minutes in good traffic.



For more information, check out:

www.pnkf.org



2013 PNKF Kendo Seminar

June 27th-30th

Pacific Lutheran University
Olson Gymnasium
12180 Park Avenue S.
Tacoma, WA



Welcome!

The Pacific Northwest Kendo Federation invites you to attend our 2013 Summer Kendo Seminar.

The seminar is conveniently located at Pacific Lutheran University (PLU), Olson Gymnasium. Located 31 miles from Sea-Tac International Airport, the college offers seminar participants reasonably priced lodging, dining facilities, and first rate seminar facilities.

Seminar Schedule Overview

The seminar begins Thursday, June 27, with seminar check in from 5-6 PM and seminar from 6-9 PM with the visiting Sensei from Japan.

The seminar continues daily on Friday, Saturday and Sunday. Evenings will be open for free time. Application materials available at: www.pnkf.org.

Lodging

Seminar participants can obtain lodging on the campus. This affordable option is great for those wanting to stay within walking distance to all Summer Seminar activities and events.

You can stay at a PLU living facilities at a cost of \$45.25 per night. There are 4 rooms with 2 shared bathrooms. The price includes linen for your stay. Rooms will be available Thursday through Sunday night with an option to arrive early or extend your stay.



<http://www.plu.edu/residential-life/residence-halls/home.php>

Other off-campus lodging is available, but requires your own transportation. You can find a list of area motels on the General Information page.

Food

The PLU Cafeteria offers an excellent variety of reasonably priced foods for breakfast, lunch, and dinner that is open to everyone attending the seminar. Seminar participants can pay for individual meals by cash, credit, or debit card. A handy meal card is available for purchase at the time of registration.

There is a variety of restaurants within easy walking distance of the PLU campus. Check out the Summer Seminar website for a list of nearby off- campus restaurants.

Transportation

Getting to PLU is easy. If traveling from Sea-Tac International Airport, our host club, the Tacoma Kendo & Iaido Club, will be making periodic pick up trips on Friday and Saturday. More information is available on the application form.

Options include shuttle services, taxis, and buses. For a list, check out: <http://www.portseattle.org/Sea-Tac/Parking-and-Transportation/Ground-Transportation/Pages/default.aspx>