

# 剣 Kenyu 友

Editor's note: There was no December 2008 issue.

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## PNKF DATEBOOK

1. Feb 7, PNKF Kata Seminar, Sat, 12noon-5pm, Rain City Fencing Center, 1776 136th Place NE, Bellevue, WA 98005. Location about 1/2 mile west of the Bellevue Dojo between NE 20th Street and Bel-Red Road on 136th Place NE. 136th does not go all the way through to Bel-Red, so the easiest access is turning South onto 136th Place NE from NE 20th Street, which would make the Fencing Center on your left.
2. Feb 28, PNKF Shinsa, Sat, Iaido 9am-12noon; Kendo 12:30-5pm, Bellevue.
3. Mar 14, PNKF Board, Sat, 3:30-5:30pm.
4. Mar 21, Highline Taikai, Sat, 10am, White Center Community Center.
5. Apr 11, UW Taikai, Sat, Sat, 10am, Hec Ed Pavilion Addition.
6. Apr 18, Kent Taikai, Sat, report time 9am, start 9:30am, Kent.
7. Apr 18/19, Cherry Blossom Festival, Sat/Sun, (tentative).
8. May 9, PNKF Board, Sat, 3:30-5:30pm.
9. May 16, Bellevue Junior Taikai, Sat, 9:30am-3pm.
10. May 30/31, PNKF Women/Team Canada Women's Practice, Sat, 2-5pm, and Sun, 10am-1pm, Sno-King.
11. Jun 6, Rose Festival Taikai, Sat, 10am, PCC Sylvania Campus (tentative).
12. Jun 13, PNKF Shinpan Seminar, Sat, 12noon-5pm.
13. Jun 20, Spokane Taikai, Sat, (tentative).
14. Jul 25, PNKF Board, Sat, 3:30-5:30pm.
15. Aug 8, PNKF Shinsa, Sat, Iaido 9am-12noon; Kendo 12:30-5pm, Kent.
16. Sep 19, PNKF Board, Sat, 3:30-5:30pm.
17. Oct 3, PNKF Shinpan Seminar, Sat, 12noon-5pm, Kent.
18. Oct 17, Tacoma Taikai, Sat, 10am-4pm, Curtis High School (tentative).
19. Nov 7, Kent Taikai, Sat, report time 9am, start 9:30am, Kent.
20. Nov 21, PNKF Taikai, Sat, 9:30am, Kent.
21. Nov 6, 2010, PNKF Taikai, Sat, 9:30am, Kent.
22. Nov 20, 2010, Kent Taikai, Sat, report time 9am, start 9:30am, Kent.

## OTHER DATES

1. Feb 1, East Coast Iaido Seminar and Shinsa, Sun, 9am-6pm, Brooklyn, NY.
2. Feb 14, Steveston Taikai, Sat, 9:30am, McMath High School, 4251 Garry Street, Richmond, BC.
3. Apr 17/18/19, 21st Cleveland Kendo Tournament/Greater Northeastern USKF Championships, Fri/Sat/Sun, Case Western Reserve University.
4. Apr 24/25/26, Nabeshima Cup, Sat/Sun/Mon, The Greenhill School, Dallas, Texas.
5. Apr 25, Vancouver Taikai, Sat (tentative).
6. May 30, BC Junior Taikai, Sat (tentative).
7. Jun 18-21, AUSKF Iaido Seminar, Boise, Idaho.
8. Aug 28/29/30, 14WKC, Adib Moyses Dib Gym, São Bernardo do Campo City, São Paulo, Brazil.  
Men's Individuals Aug 28. Women's Individuals and Team Aug 29. Men's Team Aug 30.

## PNKF BOARD ADDS TWO NEW DIRECTORS

At its January 17 meeting, the PNKF Board of Directors was happy to vote unanimously to add two new members, Charles H. Kwon, and Masayuki Mizuuchi, both of Cascade. This brings the current 2008/2009 PNKF Board to 19 Directors, including two Advisors.

## 2008 ONTARIO SENIOR KENDO TOURNAMENT - November 22, 2008, JCCC Kendo Club, Toronto

### Mudansha Division

- 1st place - Marc Quaglia, Etobicoke  
2nd place - Curtis Wallace, Etobicoke  
3rd place - Andrey Danilkin, JungKo  
3rd place - Filip Gavanski, Forest City

### Women's Division

- 1st place - Kate Sylvester, U Western Ontario  
2nd place - Junko Ariyama, Montreal  
3rd place - Yoshiko Sugie, JCCC  
3rd place - Sara Joseph, JCCC Kendo Club

### 1-2 Dan

- 1st place - Jaeyoon Kim, JungoKo  
2nd place - Seohee Lee, JungoKo  
3rd place - Andrew Wong, McGill  
3rd place - Mike Attard, Tateyama

### 3 Dan and Above

- 1st place - Taro Ariga, E-Bogu.com  
2nd place - Shigemitsu Kamata, Etobicoke  
3rd place - Ryo Tamaru, JCCC  
3rd place - Matthew Raymond, U Toronto

### Teams

- 1st place - Anti-Team Canada  
2nd place - Team Canada OB (alumni)  
3rd place - Team Canada  
3rd place - Detroit Kendo Club

**Fighting Spirit:** Carlos Carracosa, McGill

**Best Match:** Eric Jung, U Toronto  
vs. Kyle Lee, U Waterloo

**MORI HAI KENDO TOURNAMENT - January 18, 2009, Wilson Park, Torrance**

**0-6 Kyu**

1st place - R. Yoshiki, Torrance  
2nd place - S. Tamaki, OCB  
3rd place - K. Sakata, OCB  
3rd place - M. Kim, Cypress

**0-6 Kyu Honorable Mention**

J. Kim, Cypress  
I. Kotake, Butokuden  
S. Maekawa, OCB  
A. Kim, Cypress

**5-4 Kyu Group 1**

1st place - K. Mizobe, Gedatsu  
2nd place - E. Kim, Norwalk  
3rd place - E. Offutt, Sho-Tokyo  
3rd place - T. Horii, Gardena

**5-4 Kyu Group 2**

1st place - S. Homma, Sho-Tokyo  
2nd place - F. Lee, Covina  
3rd place - R. Yamaoka, Torrance  
3rd place - M. Choi, Torrance

**3-1 Kyu Group 1**

1st place - K. Kobayashi, Torrance  
2nd place - A. Minamitani, Torrance  
3rd place - S. Watanabe, OCB  
3rd place - H. Komiyama, Torrance

**3-1 Kyu Group 2**

1st place - A. Chung, Norwalk  
2nd place - A. Kim, Norwalk  
3rd place - J. Nagasawa, Norwalk  
3rd place - K. Maeda, West LA

**Adult Kyu Group 1**

1st place - W. Smith, West LA  
2nd place - S. Kim, Pasadena CI  
3rd place - N. Gallinger, Torrance  
3rd place - J. Ahn, Gardena JCI

**Adult Kyu Group 2**

1st place - E. Yu, Yun Kum Jae  
2nd place - T. Dehn, Pasadena CI  
3rd place - P. Anuillera, San Diego KC  
3rd place - B. Yoon, Norwalk

**Women's Kyu**

1st place - E. Tam, San Diego KB  
2nd place - R. Miyazato, Long Beach  
3rd place - E. Aoshima, Butokuden  
3rd place - C. Kabashima, Gardena JCI

**Women's Yudansha**

1st place - M. Sakae, Sho-Tokyo  
2nd place - N. Sano, Sho-Tokyo  
3rd place - A. Uehara, San Diego KC  
3rd place - G. Lee, Torrance

**Senior Group 1**

1st place - J. Park, Los Angeles  
2nd place - M. Sakaue, Covina  
3rd place - K. Kinjo, Covina  
3rd place - E. Shishido, Gardena

**Senior Group 2**

1st place - M. Shikai, Chuo  
2nd place - M. Kang, Chuo  
3rd place - B. Olson, Costa Mesa  
3rd place - K. Mori, Torrance

**1-2 Dan Group 1**

1st place - S. Takahashi, Butokuden  
2nd place - S. Kim, Cypress  
3rd place - R. Takayanagi, Osaka Sangyo U  
3rd place - T. Nagatani, Chuo

**1-2 Dan Group 2**

1st place - W. Shin, Sho-Tokyo  
2nd place - K. Kim, West LA  
3rd place - R. Ra, Costa Mesa  
3rd place - S. Sun, Sho-Tokyo

**3-4 Dan Group 1**

1st place - J. Brown, Torrance  
2nd place - T. Yokoyama, Butokuden  
3rd place - S. Matsumoto, Gedatsu  
3rd place - S. Ohuchi, Sho-Tokyo

**3-4 Dan Group 2**

1st place - M. Fukuno, West LA  
2nd place - S. Tanaka, Industry Sheriff's  
3rd place - S. Kwak, Cypress  
3rd place - S. Cho, Los Angeles

**5 Dan and Above**

1st place - Y. Goya, OCB  
2nd place - T. Ariga, Butokuden  
3rd place - K. Kinno, OCB

**SHINKYU SHINSA**

**ECUSKF KENDO SHINSA, November 22, 2008, Mudokwan, Indianapolis, IN.**

**1ST KYU:** Joseph A. Clark (Miami Valley).

**EASTERN/CENTRAL CANADIAN KENDO FEDERATION KENDO SHINSA, November 23, 2008, JCCC.**

**1ST KYU:** Jacky Cheng (Mississauga). **1ST DAN:** Diana Jung (Waterloo), Daniel Kim (Waterloo), Dion Sunga (Mississauga), Kris Wu (Waterloo). **2ND DAN:** Alex Amizola (Waterloo), Jae Hun Kim (Mississauga), Kyrene Kim (Waterloo), Faisal Shaheen (Mississauga). **3RD DAN:** Eri Shimoyama (Waterloo).

**WESTERN CANADIAN KENDO FEDERATION KENDO SHINSA, November 29, 2008, Steveston.**

**5TH DAN:** Dean DeJong (Highline).

**THE LAST WORD**

I believe that a strike in Kendo consists of the three types of *ki*. The first is the *ki* in *kihon* (fundamentals). This refers to your *kamae*, footwork, and movements such as *suburi*. It also includes your objectives and basic mindset in Kendo training. The second *ki* concerns striking opportunities. No matter how strong your *kamae* looks, if you make irrational attacks or strikes when a true opportunity is not available, then it will never be a valid strike. The third *ki* is related to your vigour and energy. This does not just mean loud *kiai* and vocalisations but your inner explosive energy. When you see an opportunity you have to be able to burst forth instantaneously to make the cut without hesitation. I do not consider it to be a true strike if one of these three types of *ki* is missing in the attack. The level of any *kendoka* can be assessed just by looking at one strike and whether or not these elements are present. --Okushima Yoshio, "The Three *Ki*'s," *Hanshi Says, Kendo World* 4.3, 2008, p. 12/13.

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**Kenyu Online** - <http://www.kendo-pnkf.org/news/kenyu.phtml>

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