

剣 Kenyu

Volume 17, number 10/11
October/November 2003

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PNKF DATEBOOK

1. Nov 22, PNKF Board, Sat, 2:30pm, Renton.
2. Dec 6, Bellevue Godo Keiko, Sat, 1:30-3:30pm, Tyee.
3. Dec 13, Renton Taikai, Sat, 10am, Renton.

OTHER DATES

1. Nov 15/16, Manitoba Kendo Seminar, Sat/Sun. Contact Corie Namba, manitobakendo@hotmail.com
2. Jan 17, Vancouver Taikai, Sat, PROBABLE DATE (not yet confirmed).
3. Feb 14, Steveston Taikai, Sat, 10am, PROBABLE DATE (not yet confirmed).
4. Feb 21/22, 4th Asian Tournament, Sat/Sun, Hong Kong Park Indoor Games Hall Complex, Hong Kong Island. Open to kenshi of all nations.

4th TACOMA YOUTH TOURNAMENT, October 25, 2003, Crescent Heights Elementary, Tacoma

9 Years and Under

- 1st place - Ryuji Kawashima, Northwest
2nd place - Koshiro Fujii, Seattle
3rd place - Conor Marsten, Renton
4th place - Gabriel Cortez, Tacoma

10-12 Years

- 1st place - Deon Holmes, Tacoma
2nd place - Shayne Meatte, Tacoma
3rd place - Michelle Rasmussen, Tacoma
3rd place - Kekoa Yoshikawa, Tacoma

13-15 Years Old

- 1st place - Robert Rasmussen, Tacoma
2nd place - Ikaika Yoshikawa, Tacoma
3rd place - Taryn Imanishi, Cascade
4th place - Tomoko Iwanaga, Obukan

Teams

- 1st place - Cascade
2nd place - Northwest 1
3rd place - Obukan
4th place - Bellevue

National Anthem - sung by Kekoa Yoshikawa

Nihon Kendo Kata - Moki Yoshikawa, Uchitachi and Ikaika Yoshikawa, Shitachi

Sensei - Rod Nobuto Omoto

Sponsors - Michael Shiogi, Principal of Crescent Heights and Patsy Suhr O'Connell, Executive Director, Asian Pacific Center

29th ANNUAL PNKF KENDO TOURNAMENT - November 8, 2003, Renton

10 Years and Under

- 1st place - R. Murao, Steveston
2nd place - D. Holmes, Tacoma
3rd place - JP Stroud, Obukan
3rd place - C. Marsten, Renton

11 to 12 Years

- 1st place - A. Fujii, Seattle
2nd place - M. Rasmussen, Tacoma
3rd place - S. Meatte, Tacoma
3rd place - H. Yamada, Vancouver

13 to 15 Years

- 1st place - L. Nakata, Renbu
2nd place - Y. Mizutani, Renbu
3rd place - S. Negishi, Vancouver
3rd place - H. Fukushima, Vancouver
4th place - J. Akahoshi, Obukan
4th place - L. Guillermo, Tacoma
4th place - J. Koplin, Bellevue
4th place - J. Sarmiento, Highline

Junior Team

- 1st place - Renbu
2nd place - Tacoma

Senior Youth Mudansha

- 1st place - Y. Iwanaga, Obukan
2nd place - K. Marus, Steveston
3rd place - J. Ferguson, Kent
3rd place - K. Sasaki, Bellevue

Senior Youth Yudansha

- 1st place - K. Kobayashi, Youshinkan
2nd place - J. Marsten, Highline
3rd place - L. Hancock, Obukan
3rd place - J. Inoue, Youshinkan

Women Yudansha

- 1st place - N. Fukushima, Vancouver
2nd place - C. Hao, e-bogu
3rd place - M. Akitaya, Vancouver
3rd place - R. Barr, Bellevue

19 Years and over 0-4 Kyu

- 1st place - K. McCollough, UW
2nd place - S. Chang, Steveston
3rd place - G. Walker, Obukan
3rd place - C. Takahashi, UW

19 Years and over 3-1 Kyu

- 1st place - J. Hoang, Seattle
2nd place - J. Chien, Steveston
3rd place - T. Hoang, Seattle
3rd place - M. Mabale, Seattle

1-2 Dan

1st place - J. Higo, Steveston
2nd place - G. Suzaka, UW
3rd place - N. Tanimura, Bellevue
3rd place - S. Blechschmidt, Bellevue

4th place - M. McEwen, Everett
4th place - H. Kim, UW
4th place - J. Powell, Sno-King
4th place - T. Park, Sunrise

3rd Dan

1st place - N. Nakano, Steveston
2nd place - K. Chinen, Southern Cal
3rd place - Y. Numakura, Cascade
3rd place - D. Rittenberg, Seattle

4th Dan and Above

1st place - D. Taguchi, Sunrise
2nd place - D. Ara, Renbu
3rd place - S. Okada, Southern Cal
3rd place - S. Asaoka, Youshinkan

Senior Team

1st place - Southern Cal
2nd place - Bellevue
3rd place - Cascade
3rd place - Steveston

Shoji Trophy - Joshua Koplin, Bellevue

BUN BU RYO DO - TWO WONDERFUL NEW BOOKS

A beautiful new Kendo manual has been written and illustrated by one of our friends from Hawai'i. It is **Kendo: Elements, Rules, and Philosophy**, by Jinichi Tokeshi, MD (Honolulu: University of Hawai'i Press, 2003). Tokeshi Sensei is the translator of one of our standard reference resources in Iai, **Musoushinden Ryu Kuden**, by Tadashi Fujita, which came out in January 2000. Tokeshi Sensei's new book had its origins in materials he prepared for handing out to students in the Dojo, and gradually grew into a large handbook which included both Kendo and Iai. He was approached to make this valuable material available to a larger audience, which culminated in the present book. However, on the advice of the publisher, the Kendo portion has been brought out separately, with the Iai portion to follow as a separate volume. **Kendo: Element, Rules, and Philosophy** first gives a history of Kendo in Japan, and moves on to detail the bogu and shinai and their proper care and use, including a myriad of highly detailed drawings of all the different kinds of knots and other features you need to know for repairing and maintaining the bogu and shinai. Next, all the basic movements and strikes are carefully shown, including hard-to-find information about the Nito-Ryu kamae and attack. Kendo Kata are shown. Shiai and Shinpan rules are detailed. Tokeshi Sensei, who is a practicing physician and also a professor in the John A. Burns School of Medicine, University of Hawai'i, gives special emphasis throughout the book to good health, injury prevention, and safety. He also anchors everything to a deep Kendo philosophy. Finally, Tokeshi Sensei gives biographies of eminent kenshi of the past, a very helpful glossary of Kendo terms, and a history of Kendo in Hawai'i. The hundreds of beautiful drawings by Tokeshi Sensei are in the highest tradition of scientific illustration, far clearer and easier to understand than any photograph could ever be. If you've tried to draw bogu, you can appreciate how incredibly difficult it is, and how remarkable these great drawings really are. This book is strongly recommended, and we eagerly await the Iai volume.

Life reflections of fifteen Budo elders make up **The Warrior's Path: Wisdom from Contemporary Martial Arts Masters**, edited by James Sidney (Boston: Shambhala, distributed in the U.S. by Random House, 2003). Three of the sensei are well known to PNKF members, Pat Yoshitsugu Murosako Sensei of Meadowbrook/Musokai, Rod Nobuto Omoto Sensei of Tacoma, and Yoshimitsu Takeyasu Sensei, President of the IKF and ZenKenRen. Also known to many kenshi from Atarashii Naginata is Hanae Sawada Sensei. In addition, the kinds of information given here by teachers of Aikido, Judo, Karate-do, Kyudo and Shorinji Kempo are of huge value to any kenshi. Usually we are proud that the Budo are not really about talking, but when people in their 80's and 90's who have practiced continually from childhood look back over their whole lifespan, they can tell us things of immense power and insight, of universal application. Looking back on our own experience, most of us feel that our lives were utterly transformed and infinitely enriched when we discovered Kendo and embarked on its Path, a view that resonates deeply with the wonderful words of these awesome teachers.

THE LAST WORD

Without respect and courtesy, Kendo becomes nothing but violence. It is reminded that we start and finish our practice with Rei to be respectful and courteous toward others. You get painful hit at wrong part of your body, so you should be quick to understand others' pains, also. With respect and courtesy, old and young, weak and strong, men and women, can practice together for getting better in Kendo and as a person. --Iwao Sato, Chief Instructor, Wahiawa Kendo Club, **Wahiawa Kendo Club Bulletin - October, 2003**

Kenyu - Monthly Newsletter of the Pacific Northwest Kendo Federation

Kenyu Online - <http://www.kendo-pnkf.org/news/kenyu.phtml>

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