

PNKF DATEBOOK

1. Jul 21/27, PNKF Junior Gasshuku.

Jul 26, PNKF Board, CANCELLED, no meeting.

4. Sep 20, PNKF Board, Sat, 2:30pm, Renton.

5. Oct 18, PNKF Board, Sat, 2:30pm, Renton.

6. November, PNKF Kendo Shinsa in Alaska. 7. Nov 8, PNKF Taikai, Sat, 9:30am, Renton.

Nov 22, PNKF Board, Sat, 2:30pm, Renton.

Dec 13, Renton Taikai, Sat, 10am, Renton.

## OTHER DATES

1. Jun 26/Jul 1, 3rd World Naginata Championship and surrounding events sponsored by the International Naginata Federation (INF), San Jose State University.

3rd World Naginata Championship Tournament, Sat, June 28, 9am- 5pm.

INF Friendship Tournament, Sun, June 29, 9am-12:30pm.

INF Naginata Seminar, Mon, Jun 30-Wed, Jul 2, 9am-5pm.

Other events also planned, including INF Shinpan Seminar, INF General meeting, and many daily practices. For more information contact: Mr. Raymond Sosnowski, <110742.522@compuserve.com>.

2. Jul 1/9, 2003, 12WKC, Glasgow, Scotland. http://www.kendochampionships.com

3. Jul 17/20, Guelph School of Japanese Sword Arts, Sat/Sun, Guelph, Ontario, Canada.

4. Aug 17, Aiea Taiheiji Kendo Tournament, Sun, Halawa Gym.

Oct 11/12, AUSKF Summer Kendo Seminar, the Citadel, Charleston, South Carolina.
October, SWKIF Fall Seminar and Promotional Exams, Omaha.

PNKF JUNIOR GASSHUKU, JULY 21-27 By poplular request from the PNKF juniors, there will be an excellent week-long Summer Gasshuku (seminar) at the end of July. The curriculum will include kamae, ashisabaki, maai, rensoku uchi, keiko, shiai, and a special shinsa for the Gasshuku participants only.

Participants will be attending the regular evening practices of the four Dojo listed below, with the addition of two daytime sessions at Tyee Community Gym on the weekend.

The primary instructors for the Gasshuku are Jeff Marsten, Curtis Marsten, and David Yotsuuye supported by other additional instructors. Details will be sent to all PNKF Dojo.

Jul 27, Mon - Highline

Jul 28, Tue - Renton

Jul 24, Thu - Kent

Jul 25, Fri - Bellevue

Jul 26, Sat - Tyee, 9am-4pm, fellowship barbeque 6-9pm

Jul 27, Sun - Tyee, 9am-2pm

NUMBER OF PNKF DIRECTORS INCREASES At their June 21 meeting, the PNKF Board amended Article IV of the PNKF Constitution to allow the possibility of having up to 20 Directors on the Board. Formerly, the upper limit has been 14. For the upcoming elections for the 2003/2004 Board, the number has been set at 18.

SHINKYU SHINSA IAIDO SHINSA, June 8, 2003, Meadowbrook. 1ST KYU: Tom Antush (Highline). 1ST DAN: Shigemi Matsuyama (Choyokan), David Pan (Bellevue), John Suzuki (Musokai) 2ND DAN: André Dulce (Musokai), Gunnar Goerlitz (Musokai), Darrick Lew (Bellevue), Al Sakamoto (Musokai).

## BRITISH COLUMBIA KENDO FEDERATION JUNIOR TAIKAI - May 31, 2003, Steveston

## 15 Years and Under - Beginners

10 Years and Under

1st place - A. Batory, Steveston

2nd place - M. Ho, Steveston 3rd place - N. Wong, Steveston

1st place - R. Murao, Steveston 2nd place - G. Kawashima, Northwest 3rd place - R. Kawashima, Northwest

3rd place - R. Murao, Steveston

3rd place - T. Hamanaka, UBC

14-15 Years

1st place - Y. Mizutani, Renbu

11-13 Years

1st place - J. Wang, Cascade

2nd place - G. Mizutani, Renbu 3rd place - A. Fujii, Seattle 3rd place - N. Marumo, Sunrise

Junior Team

1st place - Steveston A 2nd place - Sunrise

Red and White (1 Point Elimination)

2nd place - R. Campbell, Steveston 3rd place - K. Fukozu, Vancouver

1st place - N. Marumo, Sunrise

3rd place - K. Marus, Steveston

2nd place - R. Kawashima, Northwest

3rd place - G. Mizutani, Renbu

3rd place - R. Campbell, Steveston

18th ANNUAL LEEWARD OAHU KENDO TAIKAI - June 14, 2003, Mililani Shonenbu Division Yonenbu Division

1st place - Braxton Fukutomi, Aiea Taiheiji 1st place - Cael Goodin, Aiea Taiheiji

2nd place - Matthew Ito Kenshikan

3rd place - James Okada, Kenshikan

3rd place - Audrey Pack, Aiea Taiheiji

Kantosho - Erika Hill, Aiea Taiheiji

Seinenbu Division

1st place - Nolan Takahashi, Mililani

2nd place - Shem Kim, Mililani

3rd place - Ryan Cabanizas, Wahiawa

3rd place - Yo Wan Kim, Mililani

Kantosho - Dawn Akimoto, Lihue

Yudansha Division 3-5 Dan

1st place - Andy Fujimoto, Mililani 2nd place - David Sato, Wahiawa 3rd place - Wesley Fujimoto, Mililani

3rd place - Sean Lee, E-Bogu

Kantosho - Grant Matsubayashi, Aiea Taiheiji

2003 James Oka Memorial Kantosho Award - James Okada

Yudansha Masters 3 Dan and Above 1st place - Iwao Sato, Wahiawa

2nd place - Lawrence Chun, Mililani

1st place - Karen Yamada, Kenshikan

3rd place - Jun Matsuura, Mililani

3rd place - Steve Coulter, Aiea Taiheiji

2nd place - Takuma Hirako, Kenshikan 3rd place - Russell Kihara, Hilo Kobukan

2nd place - Domnick Corelli, Aiea Taiheiji

3rd place - Kevin Chun, Kenshikan

3rd place - Aaron Kim, Mililani Kantosho - Yukari Hirako, Kenshikan

Yudansha Division 1-2 Dan

SHIDOGAKUIN WASHINKAN 10th ANNIVERSARY TOURNAMENT, June 21, 2003, Fairfax, Virgina Youth Division

Junior Youth Division

1st place - Takamitsu Nakano, Shido Washinkan 1st place - Taishi Kato, Shido Connecticut

2nd place - Anson Yan, Shido Washinkan

3rd place - Cedric Suzuki, Shido Washinkan

Senior Youth Division

1st place - Mark Grey, Shido New York

2nd place - Andrew Lim, Shido New Jersey

3rd place - Michael Mahoney, Shido Washinkan

3rd place - Paul Wetzig, Southern Ohio KC

Women's Division

1st place - Yuka Takeyama, North Raleigh KC

2nd place - Jody Baller Shido Washinkan

3rd place - Debi Farmer, Shido New York 3rd place - Diane Desch, Koryo Richmond

3Dan and up Division

1st place - Kazunori Matsumoto, Shido New York 1st place: Shidogakuin Washinkan B

2nd place - Hajime Sugawara, Indiana Univ KC

3rd place - Koji Yamada, Shido Washinkan

3rd place - James Yan, Shidogakuin Washinkan 3rd place: Shidogakuin Washinkan C

Mudansha Division 1st place - Toshio Kurokawa, Southern Ohio KC

3rd place - Kacey Carpenter, Shidog Washinkan 3rd Place - Dustin Desch, Koryo Richmond

2nd place - John Burkart, Washington KC

2nd place - Peter Lim, Shido New Jersey

3rd place - Joung Pak, Koryo Richmond

3rd place - Ryan Mahon, North Raleigh KC

1-2 Dan Division

1st place - Lui Kawasumi, Shido Washinkan

2nd place - Yuka Takeyama, North Raleigh KC

3rd place - Jae Woo Kim, George Washington KC

3rd place - Antonin Vacheret, Koryo Richmond

Team Division

2nd place: Shidogakuin NY/NJ/CT

3rd place: Shidogakuin Washinkan A

THE LAST WORD Observation (metsuke), wariness or awareness (zanshin), proper distance (maai), focus (kiai), and timing (hyoshi) must all be integrated in a realistic whole. This is the hallmark of a master and is what elevates Iaido beyond pure technique (jutsu). Iaido is not and should not be flashy. At its best it is boring to the uninitiated because appreciation of its highest levels requires insight usually limited to bugeisha. It is deceptively simple because it is purged of all unnecessary motion of both sword and body. It may be described as an understated elegance of harmonious motion, breath, mind, body, and sword. --Richard Babin, Iaido Sword: Kamimoto-Ha Techniques of Muso Shinden Ryu, p. 26.

Kenyu - Monthly Newsletter of the Pacific Northwest Kendo Federation

Kenyu Online - http://www.kendo-pnkf.org/news/kenyu.phtml

Tom Bolling, Editor - 7318 23rd Avenue N.E., Seattle, WA 98115