

剣 Kenyu 友

Volume 14, number 4/5
April/May 2000

DATEBOOK

1. Jun 4, PNKF Board, Sun, 1pm, St. Peter's.
2. Jun 4, BCKF Junior Taikai, Sun, 10am, Steveston Community Center, 4111 Moncton Street, Steveston, BC.
3. Jun 11, Rose Festival Taikai, Sun, Obukan.
4. Jun 18, Leeward Oahu Taikai, Sun, 8:30am, Mililani, HI.
5. Jul 1,2,3, AUSKF Iaido Summer Camp and Championships, New York City.
6. Jul 16, PNKF Board meeting, Sun, 1pm, St. Peter's.
7. Aug 20, PNKF Iaido Seminar 10am-12noon, Iaido Shinsa 1-2pm, and Kendo Shinsa 2-4pm, Sun, Tyee Community Center, 13630 S.E. Allen Road, Factoria.
8. Sep 17, PNKF Board meeting, Sun, 1pm, St. Peter's.
9. Oct 15, PNKF Board meeting, Sun, 1pm, St. Peter's.
10. Nov 11, PNKF Taikai, Sat, 9:30am, Renton.

FROM TEAM USA MEMBER ELIZABETH MARSTEN

I would like to thank the entire PNKF membership for it's support, especially those who went down to Santa Clara and volunteered. Seeing so many familiar faces down there made the tournament so much more comfortable and calming for me, and that was certainly something I could use. I was very proud not only to represent the AUSKF, but the PNKF as well. Also, I hope that in 3 years someone else from the PNKF will join me and Team USA at the 12th WKC. Special thanks go out to: the PNKF Board of Directors; the 1999 PNKF Women's and Junior Teams; Senseis Jeff Marsten, David Yotsuuye and Dean DeJong; and PNKF members: Masumi Rinaldi, Moselle Horiuchi, CJ Chaney, Jeffy Marsten and Gerald Ham.

25th ANNUAL UNIVERSITY OF WASHINGTON KENDO TOURNAMENT, April 8, 2000

0-4 Kyu

- 1st place - J. Syring, Bellevue
- 2nd place - K. Lee, Renton
- 3rd place - J. Arntson, UW
- 3rd place - S. Moon, UBC

1-3 Kyu

- 1st place - J. Higo, Steveston
- 2nd place - D. Shiroo, WSU
- 3rd place - S. Yen, Seattle
- 3rd place - E. Dycus, UW

Women's Open

- 1st place - W. Nakano, Steveston
- 2nd place - E. Marsten, UW
- 3rd place - H. Okawara, Sunrise
- 3rd place - T. Anderson, Bellevue

1-3 Dan

- 1st place - G. Suzaka, Cascade
- 2nd place - D. DeJong, Highline
- 3rd place - A. Ueno, Vancouver
- 3rd place - N. Nakano, Steveston

4 Dan and Up

- 1st place - J. Watanabe, Sunrise
- 2nd place - B. McCarry, Highline
- 3rd place - D. Yotsuuye, Bellevue
- 3rd place - D. Harding, UBC

Team

- 1st place - Vancouver
- 2nd place - Steveston

Shoji Inspirational - Elizabeth Marsten

25th AUSTRALIAN NATIONAL KENDO CHAMPIONSHIPS - April 21-23, Canberra 2000

Kyu Individuals

- 1st place - K. Sugimoto, Vic
- 2nd place - K. Lim, Vic
- 3rd place - R. Oliver, Qld

Dan Individuals

- 1st place - A. Maksay, Vic
- 2nd place - B. Sheppard, Vic
- 3rd place - T. Itakura, NSW

Womens

- 1st place - C. Chan, Vic
- 2nd place - K. Sylvester, Vic
- 3rd place - C. Hallgath, NSW

Veterans

- 1st place - G. Nicholas, Qld
- 2nd place - K. Karamouchi, Qld
- 3rd place - Y. Yano, NSW

Teams

Kyu

- 1st place - NSW
- 2nd place - Qld
- 3rd place - Vic

Dan

- 1st place - NSW
- 2nd place - Qld
- 3rd place - Vic

Womens

- 1st place - Vic
- 2nd place - NSW
- 3rd place - WA

Kata

- 1st place - Qld
- 2nd place - NSW

John Butler Memorial Award
Anthony Pickering

National Coach Encouragement Awards
Adam Harrigan and Emma Howard

10th ANNUAL BELLEVUE JUNIOR CHAMPIONSHIPS - May 2, 2000

9 Years and Under Kihon

1st place - Ahmed Karout, Obukan
2nd place - Cole Benak, Cascade
3rd place - Akane Fujii, Seattle

10 Years and Under Eliminations

1st place - Takuya Urata, Bellevue
2nd place - Evan Lachica, Cascade
3rd place - Kelvin Winder, Seattle
3rd place - Albert Young, Obukan

10-12 Years Kihon

1st place - Katherine Chien, Bellevue
2nd place - Joshua Koplin, Bellevue
3rd place - James Young, Obukan
4th place - Takuya Urata, Bellevue

11-12 Years Eliminations

1st place - Daisuke Gejima, Obukan
2nd place - Travis Suzaka, Cascade
3rd place - Joshua Koplin, Bellevue
4th place - James Young, Obukan

13-15 Years Kihon

1st place - Jeff Marsten, Highline
2nd place - Jeff Lundell, Cascade
3rd place - Bryan Imanishi, Cascade
4th place - Lonny Hancock, Obukan

13-15 Years Eliminations

1st place - Jeff Marsten, Highline
2nd place - Jeff Lundell, Renton
3rd place - Lonny Hancock, Obukan
4th place - Hana Paik, Highline

Kachinuki

1st place - Bryan Imanishi, Cascade
2nd place - Kelvin Winder, Seattle
3rd place - Daisuke Gejima, Obukan
4th place - Hana Paik, Highline

Awesome Spirit Award

Jeff Marsten, Highline

Honorable Mention

Evan Lachica, Cascade
Hana Paik, Highline
Hannah Merley, Highline
Kelvin Winder, Seattle

Team Eliminations

1st place - Highline
2nd place - Cascade

PASSAGE

In the late afternoon of March 25, a sudden event stunned the hundreds of people attending the 11th World Kendo Championships in Santa Clara, California. Francis Kiczowski, a 56 year old kenshi from Vermont dropped dead of a massive heart attack, ending the huge godokeiko which was in full swing at the time. Frank, as he was known to friends and family, born January 5, 1944, had started Kendo a couple of decades earlier at the Zen-Ken Dojo in New York, been a founder of the Austin Kendo Club in Texas, and had recently resumed practice after some years absence. In an interview with the **Kenyu** Editor, his brother Harry explained that besides Kendo, Frank loved telemark skiing, was involved in helping disabled kids learn skiing, and was a founder of American Vermont Ginseng company. Harry said that Frank had had indigestion for a long time, and dealt with his body on the level of a Chinese doctor, using herbs. His knowledge of his heart condition came in the last five or six years. He only mentioned it in passing to his brother, but his wife said he'd recently begun talking about death and dying. A month and a half before he passed away, he told her he thought he was having a heart attack, but wanted to handle it with meditation and his own herbal strategies and just move along with his life. He had packed all his things in boxes by the door. Harry said he'd been told Frank went down getting a blow, which is probably less stressful, and allowed his Kendo to be an avenue to leave this world. "We've got to pencil in dying," Harry said, adding that in Kendo you need to be very concentrated. He was told that Frank's face was at peace as he lay on the floor. Harry would like to invite the readers of **Kenyu** to see the meditation FOR LIFE and that when Frank went, he was totally alive. Harry sees Frank's death as a confirmation of Kendo as liberation for living. Our sincere condolences go out to all of Frank's family and friends.

THE LAST WORD

The Japanese word "ki" is an essential concept for the understanding of Kendo. It embodies the idea of a movement outward from the inner spirit, projecting itself in the form of a powerful energy, and is usually translated as "spirit" or "mental energy." Moreover, if the kamae of being able to strike at the appropriate moment is not maintained, then that opportunity will be missed. No matter how good posture appears to be from the outside, it cannot actually be so if an opportunity to strike is missed.

--Hiroshi Ozawa, KENDO: THE DEFINITIVE GUIDE.

KENYU - Monthly Newsletter of the Pacific Northwest Kendo Federation

KENYU ONLINE - <http://faculty.washington.edu/kendo/kenyu.html>

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