

剣 Kenyu 友

Volume 9, number 5
May 1995

DATEBOOK

1. May 27,28,29, Kendo/Iaido Seminar, Shinsa, Taikai, Nakanishi Cup, AUSKF Board Meeting, New York.
2. May 28, Nakabara Taikai, Los Angeles, Sun. Please call Jeffrey Marsten (246-2239) if you want to attend.
3. Jun 3, Yudansha Keiko, Sat, 8:30 a.m., Highline.
4. Jun 8, Renton Keiko, Thu, 7:00 p.m.
5. Jun 11, PNKF Board meeting, 12:30 p.m., Imperial Lanes.
6. Jun 16,17,18, Seattle Kendo Kai Camp, Fri, Sat, Sun.
7. Jul 1, Yudansha Keiko, Sat, 8:30 a.m., Highline.
8. Jul 15, Sunrise Taikai, Sat, 10:00 a.m., Hastings Community Centre, 3096 East Hastings St, Vancouver, BC. Special guests: Haga Tadatoshi, Kendo and Iaido Hanshi 8th Dan, and Nishiwaka Kiyonari, Kendo Kyoshi 7th Dan and current All-Japan Champion.
9. Jul 16, Sunrise open Keiko, Sun, 2:00 p.m., with Haga Sensei and Nishikawa Sensei.
10. Jul 30, Obukan Keiko and Board meeting, Sun.

FROM THE PNKF BOARD

An immensely successful PNKF Kendo Seminar was held on May 6. Instructors were Shinichi Koike, Tatsuhiko Konno, Jeffrey Marsten, David Yotsuuye, Curtis Marsten and Robert Stroud. PNKF members came from as far away as Montana to take part in this intensive and intensely rewarding day of in-depth learning.

With a current membership of some 223 people, PNKF is eligible for four representatives to AUSKF. At their May 7 meeting the Board elected Shinichi Koike, Jeffrey Marsten, David Yotsuuye, and Robert Stroud as our AUSKF Reps.

On a recent visit to the Nippon Budokan in Tokyo, PNKF Pres. Marsten turned in our donations for the Kobe Earthquake Relief directly to ZNKR/IKF Pres. Kageyama.

PNFK Policy and Prodedures Committee is David Yotsuuye, Curtis Marsten, Robert Stroud, and Rory Elliott. Chair is David Yotsuuye. They are documenting and codifying all the existing policies and procedures PNKF has developed over the years into a standing document.

20th UW INVITATIONAL KENDO TOURNAMENT - April 29, 1995

Senior Non Degree 0-4 Kyu

- 1st place - M. Gapasin, Renton
2nd place - A. Bacon, UW
3rd place - L. Kayashima, Bellevue

Senior Non Degree 1-3 Kyu

- 1st place - P. Yukawa, UW
2nd place - N. Konno, UW
3rd place - J. Alfstad, Renton

Yudansha 1-3 Dan

- 1st place - Y. Oda, Seattle
2nd place - S. Asaoka, Sunrise
3rd place - N. Kondo, Steveston

Yudansha 4th Dan and Above

- 1st place - M. Asaoka, Sunrise
2nd place - A. Shirran, Sunrise
3rd place - C. Marsten, Renton

Women's Open

1st place - A. Arsenault, Highline
2nd place - M. Taguchi, Sunrise

Teams

1st place - Sunrise
2nd place - Steveston

Shoji Inspirational - M. Mihata

5th ANNUAL BELLEVUE JUNIOR CHAMPIONSHIPS - May 7, 1995

9 Years and Under Kihon

1st Place - J. Marsten, Highline
2nd Place - J. Lundell, Renton
3rd Place - A. Yotsuuye, Northwest
4th Place - T. Suzaka, Cascade

12 Years and Under Kihon

1st Place - J. Wang, Bellevue
2nd Place - D. Kayashima, Bellevue
3rd Place - H. Shimizu, Seattle
4th Place - G. Suzaka, Cascade
5th Place - B. Yaeger, Bellevue

15 Years and Under Kihon

1st Place - E. Marsten, Highline
2nd Place - J. Crawford, Obukan
3rd Place - H. Monji, Seattle
4th Place - C. Nojiri, Bellevue

9 Years and Under Eliminations

1st Place - J. Marsten, Highline
2nd Place - J. Peters, Bellevue
3rd Place - A. Yotsuuye, Northwest
4th Place - J. Lundell, Renton

12 Years and Under Eliminations

1st Place - D. Kayashima, Bellevue
2nd Place - J. Wang, Bellevue
3rd Place - H. Shimizu, Seattle
4th Place - B. Yaeger, Bellevue
4th Place - G. Suzaka, Cascade

15 Years and Under Eliminations

1st Place - J. Crawford, Obukan
2nd Place - E. Marsten, Highline
3rd Place - C. Nojiri, Bellevue
4th Place - J. Ou, Obukan

Teams

1st Place - Bellevue
2nd Place - Highline

Most Improved for Bellevue - C. Nojiri

PNKF PRACTICE SHIAIGEIKO STANDINGS (as of March 8, 1995)

MUDANSHA: E.Marsten-23; S.Smith-12; Alfstad-10; L.Kayashima-10;
Gapasin-10; Hoberg-9; Orwig-7; Tan-5; Parkinson-4; Yukawa-4; Thomas-3;
Bacon-3; Risher-2; S.Dunn-2; Feddersen-2; Cruver-2; Sherman-2; Mukai-2;
Brown-2.

YOUTH: D.Kayashima-12; B.Yaeger-11; J.Wang-10; Barnes-8;
J.Marsten-6; C.Nojiri-4; Nagai-4; Bonathan-4; Shimizu-3; Lundell-3;
Muramoto-3; Buonadonna-2; Koepke-2; G.Chan-2; Cooper-2.

YUDANSHA: C.Marsten-16; D.Anderson-16; Yotsuuye-13; Elliott-13;
DeJong-10; McCarry-9; Nelson-7; T.Anderson-7; Yabe-6; Lu-6; Bolling-6;
Tokisato-6; Arsenault-6; T.Watanabe-4; K.Noda-4; Shimizu-3;
Da.Imanishi-3; Yamamoto-2; Cruver-2.

THE LAST WORD

If you're going to use the sword you should know at least the fundamentals of how to wield it. O-Sensei told me to study how to handle the sword both before and after drawing it from the scabbard. So in that sense Iai was to be my training in what to do before drawing the blade. Your frame of mind and preparation before drawing the blade is very important in Iai, as are the angle and orientation of the blade's cutting edge. These things have to be just right because you're going to use the sword to actually cut. You can't understand such things using only a wooden sword. Practicing Iai gives you a good feel for how to orient the edge of the blade and adjust your power. --Chiba Kazuo, Aikido Journal.

KENYU - Monthly Newsletter of the Pacific Northwest Kendo Federation

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