

 August 1 Board meeting, 12:30 p.m., Sun, Imperial Lanes. Nominations for Board of Directors due. Ballots to be sent out September 1.

2. August 10, through 19, visit of Honda Tasuke and Ishikawa, K., Kyoshi 7th Dan, to Obukan. Honda Sensei was in Portland last year as part of the

Nippon Budokan group.

3. August 13, 14, 15, Obukan Summer Camp, featuring Honda and Ishikawa Sensei. Cost \$40 for three days.

August 13 - 7-9 p.m.

August 14 - 8-10 a.m., 12-3 p.m. August 15 - 9-11 a.m., 1-2 p.m.

- 4. August 13, 14, 15, Japan Fair, Seattle Center.
- 5. August 20, Bellevue Keiko, Fri, 7:00 p.m.

FROM THE PNKF BOARD

Nominations for the PNKF Board of Directors are due in by Sunday, August 1. If the nominees exceed the number of Board positions, an election will be held, with ballots going out by September 1.

Shinpan from PNKF played an important role in both the British Columbia Team Canada Eliminations on June 20 and the 11th Canadian Championships on July 3. Among those helping out with judging were Shinichi Koike, Manabu Yabe, Jeffrey Marsten, Curtis Marsten, David Yotsuuye, and Doug Imanishi. Tom Bolling and Vicki Marsten also went along to help out with timekeeping and scoring.

A volunteer is sought to be the Chair of the PNKF Taikai tentatively scheduled for the weekend of November 6/7. Please call Jeffrey Marsten

(206-246-2239)

WORD FROM FRIENDS

Bellevue member Satsuki Okayasu, who recently moved back to Japan, has won first place in the Women's Division at the Tsurumi-ku Kendo Federation Taikai. All-Japan Champion Miyazaki Sensei was one of the shinpan for this Taikai. Satsuki has also been promoted to 1st Kyu. Congratulations, Satsuki!

11th CANADIAN KENDO CHAMPIONSHIPS - July 3, 1993, Richmond, B.C.

Women

1st place - J. Kurahashi

2nd place - W. Nakano

3rd place - Y. Hayashi

3rd place - M. Hayashi

Yudansha

1st place - M. Asaoka

2nd place - M. Noda

3rd place - T. Ariga

3rd place - T. Davidson

Fighting Spirit - M. Raymond

Non-Degree

1st place - G. Nakayama

2nd place - T. Seo

3rd place - J. Wong

3rd place - J. Burns

Teams

1st place - British Columbia B

2nd place - British Columbia A

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PNKF PRACTICE SHIAIGEIKO STANDINGS (as of June 13, 1993)
                Arsenault - 22; Nelson - 14; Dye - 14; Kim - 14;
     MUDANSHA:
                Parkinson - 12; Bell - 9; Norris - 8; M. Smith - 8;
                T. Anderson - 8; Beale - 8; Dunn - 8; Reed - 8;
                Rifenberry - 6; Bixler - 5; Monji - 5; Matthews - 5;
                Naumer - 4; Tan - 4; Okutani - 4; Broderick - 4;
                Alfstad - 4; Bruton - 4; Mihata - 4; D. Chang - 4;
                Okayasu - 3; Chan - 3; Matsuki - 3; N. Konno - 3;
                Chilson - 3; S. Smith - 3; S. Jones - 3; Leach - 3;
                Renner - 3; Mack - 3; Grobart - 3; Howell - 3;
                Edwards - 2; Chun - 2; Hallaq - 2; V. Matsunaga -2;
                Ichinaga - 2; Parker - 2; Oikawa - 2.
     YOUTH:
             Kayashima - 17; E. Marsten - 11; Ando - 10; K. Arima - 5;
                Yabe - 5; S. Bucholtz - 4; R. Arima - 4; Monji - 4;
                B. Colio - 4; R. Colio - 4; G. Bucholtz - 3;
                R. Johnson - 3; K. Matsura - 3; Novotny - 2; Okamoto - 2;
                Crawford - 2; Imatani - 2; Anno - 2; Nojiri - 2;
                E. Wang - 2; R. Matsura - 2; Cole - 2; Suzaka - 2;
                Curneen - 2; Y. Konno - 2; Santon - 2; B. Smith - 2;
                J. Wang - 2; Jaeger - 2; Whitfield - 2; Koishi - 2.
C. Marsten - 18; T. Watanabe - 15; D. Anderson - 14;
     YUDANSHA:
                Hamamatsu - 13; McCarry - 11; Bucholtz - 10;
                Sawamura - 9; J. Marsten - 8; Bolling - 8; DeJong - 8;
                Miyamoto - 8; Elliott - 7; Lu - 6; Naganawa - 6;
                Yoshikawa - 5; Onaru - 4; Stroud - 4; Ando - 4;
                Seymour - 3; Uesonoda - 3; G. Imanishi - 2; Ampo - 2;
                T. Johnson - 2; Young - 2; Takeuchi - 2; Kozawa - 2;
                Abe - 2; K. Imanishi - 2; Kubota - 2; Nakaseiko - 2.
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THE LAST WORD

Kendo technique follows the doctine of ju-go awase, or combining "softness" with "hardness" in all aspects of its scope. Through ju-go awase, kendo becomes a highly efficient system for the integration of human energy. --Donn Draeger, Modern Bujutsu and Budo.

KENYU - Monthly Newsletter of the Pacific Northwest Kendo Federation Tom Bolling, Editor - 7318 23rd Avenue N.E., Seattle, WA 98115