

剣友 Kenyu

Volume 7, number 2
February 1993

DATEBOOK

1. March 5, UW demo, Fri, 4:15 p.m., HUB Ballroom, for high school seniors going on to college.
2. March 6, Vancouver Taikai, Sat, 10:00 a.m., Renfrew Community Centre, 2424 E. 22nd Ave, Vancouver, B.C.
3. March, Rocky Mountain Kendo Federation Taikai.
4. March 11, Renton Keiko, Thu, 7:00 p.m.
5. March 14, Board meeting, Sun, 12:30 p.m, Imperial Lanes.
6. March 27/28, North South California Taikai and KFUSA Board meeting in San Mateo, California. If interested, please call Jeffrey Marsten (246-2239).
7. April 3/4, Monmouth Seminar (tentative) Sat, and Taikai, Sun, 12:00 noon, and Board meeting.
8. April 10, Cleveland Taikai, Sat. If interested, please call Jeffrey Marsten (246-2239).
9. April 24, UW Taikai, Sat.

FROM THE PNKF BOARD

KFUSA has now ratified the plan for the reunification merger with BKR. The actual merger will take place on March 27 in San Mateo, California.

Doug Imanishi, newly appointed advisor to the Monmouth Kendo Club from PNKF, filed an excellent report of his recent visit to the Monmouth Kendo Club on January 30 and 31.

Applications are now being accepted for the position of Coach for the PNKF Team to the KFUSA National Kendo Championships.

Dojo representatives now have KFUSA Raffle tickets available for purchase. Support your Federation's fundraiser and possibly win a prize!

Plans are moving ahead for the PNKF Iaido Committee. We have heard from Haga Sensei and he is definitely planning to be here in late June or early July.

31st ANNUAL STEVESTON KENDO TOURNAMENT - February 13, 1993

9 and Under Eliminations

- 1st place - K. Kaneyoshi, Vancouver
- 2nd place - P. Young, Sunrise
- 3rd place - K. Marumo, Renbu
- 3rd place - H. Hyde, Renbu

13 to 15 Eliminations

- 1st place - C. Yang, S. Cal.
- 2nd place - R. Shirahama, Renbu
- 3rd place - M. Taguchi, Sunrise
- 3rd place - H. Matsui, N. Cal.

Senior Non-Degree Eliminations

- 1st place - G. Nakayama, Steveston
- 2nd place - J. Inada, S. Cal.

10 to 12 Eliminations

- 1st place - A. Tsujimoto, Sunrise
- 2nd place - K. Aoki, Steveston
- 3rd place - S. Bucholtz, Highline
- 3rd place - N. Akitaya, Vancouver

Women's Eliminations

- 1st place - J. Takeyama, Vancouver
- 2nd place - W. Nakano, Steveston
- 3rd place - A. Arsenault, Highline
- 3rd place - Y. Hayashi, Renbu

1st and 2nd Dan Eliminations

- 1st place - S. Hamamatsu, Highline
- 2nd place - G. Ishii, S. Cal.

3rd place - K Tauchi, S. Cal.
3rd place - A. Arsenault, Highline

3rd place - H. Kobayashi, S. Cal.
3rd place - T. Takeuchi, Highline

3rd Dan and Above Eliminations
1st place - A. Fujino, Renbu
2nd place - M. Ara, Renbu
3rd place - K. Matsukubo, S. Cal.
3rd place - A. Matsuda, N. Cal.

Junior Team Eliminations
1st place - S. Cal.
2nd place - N. Cal.

Senior Team Eliminations
1st place - Steveston
2nd place - Sunrise

PNKF PRACTICE SHIAIGEIKO STANDINGS (as of February 5, 1993)

MUDANSHA: Nelson - 12; Arsenault - 11; Parkinson - 9; Kim - 9;
Bell - 9; Norris - 8; Dye - 8; Dunn - 8; Beale - 6;
Matthews - 5; T. Anderson - 4; Rifenberry - 4;
Naumer - 4; Tan - 4; Okutani - 4; Broderick - 4;
Alfstad - 4; Bruton - 4; Monji - 3; Okayasu - 3;
Chan - 3; Matsuki - 3; N. Konno - 3; Chilson - 3;
S. Smith - 3; M. Smith - 2; Edwards - 2; Bixler - 2;
Chun - 2; Mihata - 2; Chang - 2; Hallaq - 2.

YOUTH: Kayashima - 12; Yabe - 5; E. Marsten - 4; G. Bucholtz - 3;
Johnson - 3; R. Matsura - 3; Anno - 2; Nojiri - 2;
Wang - 2; Cole - 2; Suzata - 2; Curneen - 2; Monji - 2;
Y. Konno - 2; Santon - 2; Colio - 2; R. Matsura - 2.

YUDANSHA: D. Anderson - 12; Yotsuuye - 11; McCarry - 11;
Hamamatsu - 11; C. Marsten - 10; Watanabe - 9;
Sawamura - 9; Naganawa - 6; Miyamoto - 5; J. Marsten - 4;
Bolling - 4; Elliott - 4; Bucholtz - 4; Ando - 4;
DeJong - 4; Seymour - 3; Uesonoda - 3; Lu - 2;
Stroud - 2; G. Imanishi - 2; Onaru - 2; Young - 2;
Takeuchi - 2; Kozawa - 2; Abe - 2; K. Imanishi - 2.

THE LAST WORD

There is an old kendo proverb: "The kirikaeshi gives ten virtues to the attacker and eight virtues to the receiver." The ten virtues for the attacker are that kirikaeshi (1) makes the waza sharp and swift, (2) strengthens the power of the stroke, (3) gives us good wind and stamina, (4) makes the working of the arms flexible, (5) makes physical movement light and agile, (6) enables us to operate the shinai freely, (7) settles the waist well and gives a well-balanced posture, (8) makes the eyesight clear, (9) teaches the adequate interval at which to strike the opponent, and (10) gives dexterity in the working of the palms. The eight virtues for the receiver are that kirikaeshi (1) keeps the mind in tranquillity, (2) makes the eyesight clear, (3) makes us learn the style of the opponent's sword-stroke techniques, (4) makes the palms firm and flexible, (5) makes physical movement free and flexible, (6) enables us to become good at receiving strikes, (7) strengthens the arms, and (8) strengthens the body. --Sasamori and Warner, This Is Kendo.

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